

# BaNES Primary Headlines

	BaNES Primary	
	Yr 4	Yr 6
Boys	410	465
Girls	368	399

Data from *Young People into 2015* is shown in [square brackets] for Year 6 only.

## Background

### ETHNICITY

- 87% [77%] of pupils described themselves as White British.

### HOME LIFE

- 72% [67%] of pupils responded that they live with their mum and dad together.
- 13% [15%] of pupils responded that they live mainly or only with their mum.

### YOUNG CARER

- 7% [11%] of pupils responded that they are a young carer, while 12% [6%] said that they are 'not sure' if they are.

### SPECIAL NEEDS

- 10% of pupils responded that they have a long-standing illness, disability or special need while 12% said they are 'not sure' if they do and 0% didn't want to say.

### FREE SCHOOL MEALS

- 6% [11%] of pupils responded that they have free school meals or vouchers for free school meals currently, while 2% said that they don't, but could have them.

## Healthy Eating

### WEIGHT PERCEPTION

- 6% of pupils responded that they are underweight.
- 78% of pupils responded that their 'weight is about right'.
- 4% of pupils responded that they are overweight.
- 4% [5%] of pupils responded that they would like to put on weight.
- 27% [28%] of pupils responded that they would like to lose weight.
- 70% [67%] of pupils responded that they are happy with their weight as it is.

### LUNCH

- 38% [36%] of pupils responded that they ate a school lunch on the day before the survey while 1% ate lunch from a takeaway or shop.
- 59% [51%] of pupils responded that they ate a packed lunch on the day before the survey.
- 1% [1%] of pupils responded that they did not have any lunch on the day before the survey.

### BREAKFAST

- 8% [3%] of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 4% had a hot breakfast.
- 2% [7%] of pupils responded that they had 'just a drink' for breakfast on the morning of the survey.

- 29% [23%] of pupils responded that they had toast or bread before lessons on the day of the survey, while 11% [4%] had fruit.

### WATER

- 3% [7%] of pupils responded that they didn't drink any water on the day before the survey.
- 33% [35%] of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

### FOOD & DRINK

- 63% [54%] of pupils responded that they eat vegetables 'on most days'; 61% [59%] said the same of fresh fruit.
- 23% [33%] of pupils responded that they 'rarely or never' eat fish or fish products (e.g. fish fingers); 79% said the same of high energy drinks (e.g. Red Bull, Monster).

### FIVE-A-DAY

- 4% [7%] of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 36% [27%] of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

## Physical Activity

### ACTIVE TRAVEL

- 43% [43%] of pupils responded that they travelled to school by car or van on the day of the survey.
- 52% [48%] of pupils responded that they walked to school on the day of the survey.

### EXERCISE

- 4% of boys and 3% of girls responded that they weren't active for at least 60 minutes on any day in the week before the survey.
- 63% of boys and 54% of girls responded that they were active for at least 60 minutes on five days or more in the week before the survey.
- 6% [6%] of pupils responded that they didn't do any physical activity that caused them to breathe harder and faster in the week before the survey.
- 36% of pupils responded that they did physical activity that caused them to breathe harder and faster on at least 5 days in the week before the survey.

### ENJOYMENT

- 2% [2%] of pupils responded that they don't enjoy physical activities at all.
- 81% [83%] of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

## Smoking, Alcohol & Drugs

### SMOKING

- ❑ 2% [2%] of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- ❑ 91% [96%] of Year 6 pupils responded that they think they will not smoke when they are older.
- ❑ 1% [0%] of Year 6 pupils responded that they think they will smoke when they are older, while 8% said that they 'maybe' will.
- ❑ 15% of Year 6 pupils responded that people regularly smoke cigarettes around them, while 6% 'prefer not to say'.
- ❑ 3% of Year 6 pupils responded that they have used an electronic cigarette at least once.

### ALCOHOL

- ❑ 9% of Year 6 pupils responded that they have had a proper alcohol drink (not just a sip).
- ❑ 2% [4%] of Year 6 pupils responded that they had an alcoholic drink in the 7 days before the survey.

### PARENTAL KNOWLEDGE

- ❑ 6% [13%] of Year 6 pupils responded that their parents 'always' know if they drink alcohol.
- ❑ Of the 59 Year 6 pupils who drink alcohol, 85% said their parents 'always' know.
- ❑ 0% [1%] of Year 6 pupils responded that their parents 'never' or only 'sometimes' know if they drink alcohol.

### DRUGS

- ❑ 5% [13%] of Year 6 pupils responded that they know someone who uses illegal drugs.
- ❑ 1% of Year 6 pupils responded that they have been offered cannabis, while 2% said they 'don't know' if they have been.
- ❑ 1% of Year 6 pupils responded that they have been offered other illegal drugs (not cannabis), while 2% said they 'don't know' if they have been.

## Emotional Health & Well-being

### HAPPINESS

- ❑ 8% of boys and 9% of girls responded that they are 'quite' or 'very' unhappy with their life at the moment.
- ❑ 73% of boys and 70% of girls responded that they are 'quite' or 'very' happy with their life at the moment.

### GROWING UP

- ❑ 68% [82%] of pupils responded that their parents have talked with them about how their body changes as they grow up; 28% [42%] said their teacher has talked with them in school lessons and 38% said the school nurse has talked with them. *N.B. Data from Young People into 2015 is Year 6 only.*
- ❑ 66% of boys and 67% of girls responded that they feel they know enough about how their body changes as they grow up, while 9% of pupils feel they do not know enough.

### SELF-ESTEEM

- ❑ 18% [24%] of pupils had a med-low self-esteem score (9 or less).

- ❑ 43% [40%] of pupils had a high self-esteem score (15 or more).
- ❑ 74% of pupils responded that their parents/carers like to hear their ideas.
- ❑ 74% of pupils responded that their teachers listen to them at school.

### WORRYING

- ❑ 72% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 38% of pupils responded that they worry 'quite a lot' or 'a lot' about SATs/tests, while 38% said the same about family.
- ❑ 93% of pupils responded that they do have at least one adult they can trust, while 5% said they 'don't know' if they do.

### PROBLEM SOLVING

- ❑ 77% of Year 6 pupils responded that they talk to adults when they have a problem that worries them, while 40% do something to relax (e.g. listen to music, exercise).

## Staying Safe

### PEER PRESSURE

- ❑ 44% [55%] of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 21% [16%] of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

### INJURY

- ❑ 29% [31%] of pupils responded that they had a serious injury in the 12 months before the survey (e.g. a broken bone, cut or burn that needed to be treated by a doctor or at a hospital).
- ❑ 6% of pupils responded that they were at school when they got injured in the 12 months before the survey, while 10% were at home.

### CYCLING SAFETY

- ❑ 4% of pupils responded that they can't cycle.
- ❑ 23% of pupils responded that they are either not allowed to cycle on the road, or 'never' cycle on the road, while 24% said they 'rarely' do.
- ❑ 18% of pupils responded that they cycle on the road 'at least once a week' or 'every day'.
- ❑ 14% [30%] of pupils responded that they 'never' wear a safety helmet when they cycle, while 15% [30%] said they do so 'sometimes'.
- ❑ 67% [40%] of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they cycle.
- ❑ 91% of pupils responded that they own their own bike.

### LOCAL AREA

- ❑ 92% of pupils rated their safety at school as 'quite' or 'very' safe; 36% said the same of going out at night after dark.
- ❑ 60% of pupils rated their safety when going out at night after dark as 'not safe at all' or 'not very safe'; 4% said the same of being at school.

## INTERNET SAFETY

- ❑ 83% of pupils responded that they usually go on the internet at least 'about once a week'.
- ❑ 37% of pupils responded that they usually go on the internet at least 'every day'; 14% said they do so 'regularly throughout the day'.
- ❑ 64% of pupils responded that they access the internet on a computer or laptop at home.
- ❑ 36% of pupils responded that they access the internet on a computer or laptop at school.
- ❑ 53% of pupils responded that they access the internet on a personal tablet.
- ❑ 37% of pupils responded that they access the internet on a mobile phone or smartphone.
- ❑ 62% of pupils responded that they use the internet for entertainment; 34% said they use it for chatting and 48% said they use it for school work.
- ❑ 24% [22%] of Year 6 pupils responded that they have seen images or videos online that were for adults-only.
- ❑ 29% of Year 6 pupils responded that they have seen images or videos online that upset them.
- ❑ 25% of Year 6 pupils responded that they 'never' use internet chat rooms, online gaming or social networking sites, while 7% said they do so 'only a few times a year'.
- ❑ 56% of Year 6 pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week', while 25% said that they use them at least 'every day'.
- ❑ 92% [83%] of pupils responded that they know how to stay safe online.
- ❑ 77% of pupils responded that they got e-safety information from school, while 47% said they got it from a parent or carer.
- ❑ 11% of Year 6 pupils responded that they have received a chat message online or by text which scared them or made them upset.
- ❑ 9% of Year 6 pupils responded that they have received one of the items listed in Q51a and deleted it.
- ❑ 11% of Year 6 pupils responded that they have texted or sent images of themselves that they later regretted.

## BULLYING

- ❑ 31% [29%] of pupils responded that they have felt afraid of going to school because of bullying.
- ❑ 25% [25%] of pupils responded that they were bullied at school in the 12 months before the survey.
- ❑ 6% [9%] of pupils responded that they bullied someone at school in the 12 months before the survey.
- ❑ 74% [78%] of pupils responded that they think their school takes bullying seriously, while 10% [14%] said that it doesn't and 16% [8%] said that they don't know if it does.

## Enjoying & Achieving

### SCHOOL LESSONS

- ❑ 89% of Year 6 pupils responded that their school has taught them about internet safety 'fairly' or 'very' well; 68% said the same of citizenship.
- ❑ 7% of Year 6 pupils responded that their school has taught them about managing money 'not at all well'; 2% said the same of healthy eating.
- ❑ 7% [7%] of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school.
- ❑ 58% [61%] of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

### VIEWS & OPINIONS

- ❑ 60% of pupils responded that they feel their achievements are recognised at school, while 10% feel they are not recognised.
- ❑ 65% of pupils responded that they feel their achievements are recognised outside school, while 7% feel they are not recognised.
- ❑ 42% of pupils responded that they feel their views and opinions make a difference to decisions at school, while 15% feel they do not make a difference.
- ❑ 45% of pupils responded that they feel their views and opinions make a difference to decisions outside school, while 11% feel they do not make a difference.

### LEISURE TIME

- ❑ 45% of pupils responded that they spent time watching TV programmes or films after school on the day before the survey, while 16% did homework and 36% played with friends.

## Health & Hygiene

### SCHOOL NURSE

- ❑ 17% of Year 6 pupils responded that they do know how to contact the school nurse, whilst 61% said that they do not.
- ❑ 22% of Year 6 pupils responded that if they wanted support, information or advice, they think they would go to the school nurse, while 37% said that they 'don't know' if they would.

### DENTAL CARE

- ❑ 2% [1%] of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 85% [84%] of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 83% of pupils responded that they visited the dentist in the 6 months before the survey; 51% of these said they went in the past 3 months.
- ❑ 5% of pupils responded that they last visited the dentist more than a year ago, while 1% said they have never been to the dentist.

### SLEEPING PATTERNS

- ❑ 32% of pupils responded that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.

- ❑ 16% of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

#### **SUN CARE**

- ❑ 10% [8%] of pupils responded that they 'never' do anything to avoid sunburn when it is sunny.

- ❑ 59% of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.