



Start toothbrushing at your setting

“Tooth decay was the most common reason for hospital admissions in children aged five to nine years old in 2014 to 2015 with over 26,000 admissions.” Health and Social Care Information Centre. Hospital Episode Statistics for England, Admitted Patient Care Statistics 2014-15.

After a successful trial in settings across BANES in 2017, we’re calling all settings to support better dental health for young children.

We have developed all the information needed to start toothbrushing in a **FREE** toolkit of resources and are offering support visits/staff workshops to get you started.

Daily brushing is quick and simple; no need for water so brushing can be done as a circle time or small group activity with a minimal cost for brushes, holders and paste per child.

What’s more you’ll be able to share key dental health messages with families and support them to visit the dentist with their child.

Results of the [trial](#) showed that children who brush their teeth at their early years setting:

- are more likely to brush their teeth effectively at home and for the right length of time
- use the right type and amount of paste and with the recommended ‘dry brushing’ technique
- brush more often than those who don’t take part in daily brushing at their setting
- visit the dentist

There are a limited number of **FREE** resources (brushes, racks, puppets, timers etc.) to settings who sign up first!

For more information contact: lucy_rae@bathnes.gov.uk or anne_herat@bathnes.gov.uk



**Bath & North East
Somerset Council**

