



Case Study of Good Practice

Priority Area
Sexual Health

School
Three Ways Special School

Outcome

To increase the number of MLD pupils reporting that they feel confident to access help regarding sex and relationships issues from 42% (11/ 26 pupils) - January 2011 to 70 % (18/ 26 pupils) - January 2012.

Why we chose this outcome

We conducted a pupil survey. This demonstrated a positive attitude towards support and advice but a limited understanding of the practicalities of accessing this advice. We also questioned our staff re confidence in signposting students to relevant sexual health service. Only 33% of staff felt confident in dealing with these issues.



What we did

- We reviewed and restructured SRE and increased frequency and profile of SRE within the PSHE curriculum.
- Set up, advertised and promoted a school nurse drop in clinic.
- We organised a variety of staff training opportunities to increase knowledge, awareness and confidence which covered the signposting to online support, useful teaching resources and guidance for parents.
- A large bank of image resources were created and stored on the staff intranet to provide consistent and accessible support materials.
- Ongoing liaison between staff members and HS+ leaders was established to monitor good practice.
- Two parent support sessions were delivered, focusing on parent/carer needs in order for them to support their children. This resulted in us being able to identify additional support that children and their families need
- 2 senior leaders attended the Learning to Lead training event and established the programme in class 7 and sixth form.

Impact

We achieved a very successful result. 22/26 (85%) pupils reported that they now feel confident to access help regarding sex and relationships issues.

Results gathered from a Jan 2012 survey addressing issues such as “where can I go if I have a problem with my body?” etc. Pupils displayed confidence when discussing local services and a clear knowledge of available support, particularly that of the school nurse. Interventions provided by staff during SRE focus sessions gave the young people the opportunity to express their concerns and access relevant information.

To inform our practise we conducted the SHEU survey which was completed by all MLD pupils. This provided us with positive feedback regarding pupils feeling supported and secure in school but also gave us areas to task force such as smoking.

Plans are currently being made to extend further staff training and development in conjunction with promoting the continuation of a specific SRE Keep Safe intervention with relevant class groups.