

## **Safe / Risky Continuum Activity**

### **Rationale /Aims**

An activity on a range of issues which affect Year 6 ,particularly around puberty / transition to secondary school. The intention is to enable them to explore potential worries and consider how to keep themselves safe.

### **Ground Rules**

It is important to agree a set of ground rules at the beginning of the lesson - e.g. listen to others , respect others' views, no personal information, don't talk to younger children about more "grown up" themes, where to go for support, etc.,

### **Starter Activity / Cross the Circle**

Ask pupils to cross the circle / change seats if the statement applies to them . Cross the circle if :-

- You're wearing something black
- You've ever visited a secondary school
- You know which secondary school you're going to
- You're looking forward to going to your new school
- You're excited about the sports / science / arts facilities
- You're a bit anxious about going to your new school

These can be added to - you can ask pupils to discuss what their anxieties are. Some schools invite ex pupils (Year 7s) to come and talk about their experiences of transition.

## **Continuum**

Put pupils in a circle . Place the 2 cards SAFE / RISKY on the floor. Pupils take one of the statements e.g. drinking alcohol and place either at the SAFE or RISKY end They have to say why they've put it there. Invite other pupils to move the card if they disagree and say why they've done that.

Ask - what would need to happen to make it safer / riskier . Cards could be moved accordingly.

They could be done over several lessons / grouped into themes as appropriate .

## **Other ways to use the cards**

### **Group or Pair Work**

Give each group or pair a card / set of cards and ask them to discuss what would make the statements safe / risky

### **Hot Seat**

Have 2 chairs at the front - one with the RISKY card attached , one with the SAFE card. Pupils take it in turns in the hot seat to debate what makes the statement safe / risky.

### **Diamond 9**

Choose 9 of the cards . Pupils place them in a diamond shape according to most / least risky .

It's important to get them to explore the range of risks / safety measures in each scenario e.g.

### **Chatting / texting**

Risky : someone you don't know ; giving out personal information ; being offensive / abusive ; sending naked images (illegal) ; doing it late and missing sleep

### **Telling the truth**

Risky : if you're LGBT and worried about being bullied (maybe talk to a trusted adult first) ; getting others into trouble ; disclosing personal information about someone ; giving away a secret you've promised to keep

### **Wearing a badge / symbol**

Risky : Could breach health and safety rules; could trigger discussion about personal beliefs ; other people might have different views ; school policy ?

### **Wearing lots of make-up**

Risky : worrying obsessively about appearance ; unhealthy for skin ; superficial values - appearance more important ; self-esteem ; being called names

### **Playing video games**

Risky : violent or sexual images ; playing till late in the night ; acting out the scenarios ; callous attitudes e.g towards women / other cultures