

Young Children's Review

As a setting we wanted to focus on the importance of healthy eating, we wanted to focus on the way in which the children learn from where their food came from and how it grew.

We took over ownership in March 2014 and have been working hard to promote a garden that is accessible for all children. There was a planting area available for the children, but it was not a secured environment. We looked at the environment and the area manager had the garden secured by placing fencing around so that children were able to access the area.



Since then we have grown many fruit and vegetables, such as Carrots, cabbages, spring onions, potatoes, peppers, tomatoes, strawberries. All the children have participated in this and have helped grow them from seeds by watering them at night and harvesting them when they were ready.

All the children have really enjoyed being involved and from this we have introduced our story sack of the term `Jack and the beanstalk`. Which all children from all ages took a sack home to read with their

families. We have received really good feedback and have continued from this a regular `story of the term`.

When showing perspective parents around we have received positive feedback in regards to our planting area. Such as, What they do with the fruit and veg? Are the children involved with the planting? How lovely the area is, that the children are able to access it.

All the vegetables and fruit that we have planted and harvested we have used throughout our snack times. We have also planned activities to incorporate the fruit and veg, to encourage children's life skills such as peeling.



For future plans, we are looking at enhancing our garden area and this summer hoping to plant more fruit and veg to share with the children and use them for home cooked teas and snacks.

Review Date – July 2016