



Case Study of Good Practice

Priority Area

Healthy Weight

School

Oldfield Park Juniors

Outcome

To increase the number of children growing fruit and vegetables from 10 children (Jan '11) to 224 children (Jan '12).

Why we chose this outcome

As a Food for Life Partnership (FFLP) Flagship school, we wanted to increase the number of children growing fruit and vegetables and include the whole school community. Through growing food together we want to see more families cooking and eating fresh, seasonal food.



What we did

We identified a lead teacher and team responsible for growing.
We introduced growing into the school routines and curriculum. Pupils take the lead in layout design, crop rotation, composting and the wildlife area.
Staff have had training on seed sowing, crop rotation and making compost.
Pupils grow and harvest fruit, vegetables and herbs all year round.
Parents are invited to join the cooking club or growing group. Planted seeds are taken home by families.
The school cook used the produce harvested in summer 2011 to make a feast enjoyed by pupils and their families. Produce is regularly used in school meals and in cooking lessons/club. It is also sent home to encourage and inspire further growing.

Impact

In July 2011, 224 pupils (100%) were involved in growing food so the target was met.

We have also seen improved communication with our families. Helping in a practical way in the garden has given them confidence to help in school.