



## Case Study of Good Practice

### Priority Area

Emotional Health and Well-being

### School

Marksbury Primary

### Outcome

To decrease the number of children reporting low self-esteem from 26 (Jan '11) to 20 (July '12)

### Why we chose this outcome

The school carries out the PASS survey (Pupil Attitude to Self and School) each year. The data from that, plus a school Rainbow Survey that we carried out, helped us to identify children from across the whole school who were showing signs of low self-esteem.



### What we did

We had a whole school training day from the TaMHS team. Staff also attended TaMHS training on bereavement, attachment theory and communicating our feelings.

We changed the reward system in September 2011 to a house team/points system. The teams and values were based around the Olympic values. Children earn house points if adults see these values being reflected in and around the school. Individual certificates are also awarded in assembly.

The system is working really well and staff and children have been very enthusiastic. We feel it has been a positive intervention and helped to raise pupil's self-esteem.

We have also introduced 'Challenge Friday'. Houses are set challenges which are led by the children and improve teamwork, respect and self-worth.

### Impact

Children showing signs of low self-esteem

January '11 – 26/96

December '11 – 22/96

July '12 – data to be collected.

Although final data is still to be collected, we are confident that the systems we have put in place are making a difference and are being well received by the whole school – staff and children.