

We've made our setting healthier...

Healthy Early Years Certificate – Young Children's Review of Madeleine Harris's Childminding Setting

We have always enjoyed being outdoors every day in the fresh air but now things are even better. We mainly went to local playparks to play on dedicated equipment, farms to feed animals, groups with outdoor space for large wheeled toys and messy play, on short walks locally and to our allotment patch near Madeleine's house. We now also go to new places where we can safely undertake Forest School type activities. We are always out and about and amazingly still cover all areas of learning and development! No plastic toys required nowadays!



'Stuck, help'



'Wash Shed'



'This way'



'I'm coming'



'Feed Chickens'



'Look'



'Yucky, Poo'



'Wheres door?'



'What's this?'



'Stick for house'

We love the different sensations we get being outdoors whether it be hot, cold, wet or dry. We can go out in all weathers now thanks to the new waterproof clothing we bought. Words in speech marks spoken by children, rest by Madeleine.

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We have always tried to eat healthily but not really in an educated way! Madeleine's now read the Eat Better Start Better Information and understands a lot more about what and how much we need to eat to stay healthy.



'messy, hee hee, ok?'



'ball'



'roll, rolling'



'I do it'



'wow'



'tomato'



'clean, wet wipe'



'hard'



'1,2,3,4.....'



'mmm...hee,hee'

We have cut down on processed foods and now make some things ourselves. This means we also get to do a lot of fun things like measuring, rolling, sieving, mixing, kneading, cutting, chopping, grating, decorating and best all tasting. Even washing our hands before and after we start as well as cleaning the table down are not too bad. Best of all we get to taste the food we make which is delicious. Words in speech marks spoken by children, rest by Madeleine.