

NHS

What will you know by the end...

- What NHS services are available
- When you should use them
- Why it is important to use antibiotics properly

Sore throat

Should have treated themselves at home from their medicine cabinet

Unsure or confused about an illness

Should have called NHS Direct

Painful cough

Should be at the Pharmacy

Stomach ache

Should be at the GP

Adult
Emergency Dept



Minor cuts

Should be at the Urgent Care Centre, Walk in Centre or Minor Injuries Unit

Severe chest pain

Should have been at the front of the queue

Find out more



You can
choose better

The Emergency Department is for serious and life threatening conditions:
Heavy bleeding, broken bones, burns or scalds, chest pain, strokes.

Many patients can be treated elsewhere. The Emergency Department is for real emergencies only. Please play your part. Visit www.choosebetter.org.uk to find the right place for treatment. Local libraries hold leaflets.

- Pharmacy
- GP surgery
- 111
- NHS choices website
- Patient UK website
- 999
- A&E
- Urgent Care Centre
- Sexual health clinic
- Off the record
- Welfare staff @ school
- Samaritans
- ChildLine – 0800 1111
- Dentist
- Project 28
- FRANK
- School nurse
- Opticians

You are out with some friends in Bath
and a man collapses, he isn't
responding to you...

A) Go to the nearest pharmacy

B) Call 999

C) Call 111

You have had earache for 2 days that is getting worse...

A) Go to A&E

B) Get advice from the pharmacy

C) Make an appointment to see your GP

You have fallen off a trampoline and hurt your ankle, you are worried it is broken...

- A) Make an appointment to see your GP
- B) Call 111
- C) Go to A&E



Because Cheryl has got a new boyfriend she wants to get checked for sexually transmitted infections (STIs).

Where should she go?

A) Make an appointment to see her GP

A) A&E

B) Sexual Health Clinic

It's a Saturday. It is hurting when you wee and you are feeling poorly and feverish. You would have gone to see your GP but they are not open!

A) Go to the pharmacy

B) Go to A&E

C) Call 111

You have been feeling very down and anxious recently and are finding it hard to concentrate at school.

- A) ChildLine
- B) Off the Record
- C) School Nurse
- D) GP
- E) 111

<https://www.youtube.com/watch?v=ffT1orYXdcl>



Antibiotics  Resistant
Bacteria
The Big Fight

<http://antibioticguardian.com>

Antibiotic Quiz!

Antibiotics can kill viruses

FALSE!

Antibiotic Quiz!

You don't need to finish a course of antibiotics if you are feeling better

FALSE!

Antibiotic Quiz!

Left over antibiotics can be saved for a later date

FALSE!

Antibiotic Quiz!

You should not share antibiotics

TRUE!

Antibiotic Quiz!

Taking antibiotics weakens your immune system

FALSE!

Antibiotic Quiz!

Washing my hands helps to reduce antibiotic resistance

TRUE!

Homework...

- Show at least one person you know (the more people the better!) the antibiotic guardian video
- <http://www.e-bug.eu>

Thanks for listening!!!

