

Lesson Plan B&NES and SARI for KS3

Challenging Discriminatory Language and Behaviour

Time	Activity	Resources
2 mins	<p>Aims</p> <ul style="list-style-type: none"> • Better understanding of Equalities issues (racism etc.,) • Know how to respond to discrimination • Practise skills in dealing with incidents • Know where to get support 	Board / Flip chart
3 mins	<p>Cross the Circle (pupils change seats if the statement applies to them)</p> <ul style="list-style-type: none"> • If you're wearing something black • Have a pet • Know someone gay • Heard something unkind being said to someone • You have challenged a racist comment <p>Quick feedback about purpose of the activity – to set the context , to see how we are similar / different from others / to move people about</p>	
15 mins	<p>Understanding discrimination</p> <p>Place 4 hoops on the floor – put the 4 headings inside them : racist , homophobic/ transphobic, sexist, disablist . Explore meanings . Read out a statement and pupils have to move to the relevant hoop :-</p> <ul style="list-style-type: none"> • Someone calling someone a slag • Someone being unkind to someone with learning difficulties • Making fun of someone who has 2 mums • Saying someone should go back to their own country • Making fun of someone because they self harm • Someone calling someone the “N” word • Someone saying girls are rubbish at playing football • Someone calling someone a lezzer 	Hoops and signs
5	Reasons for discrimination	Ball

mins	Ball game – pupils gently bounce the ball to each other taking turns to explore reasons for racism etc.,	
5 mins	Impact of discrimination Pair work – 2 minutes – How might people feel if they are on the receiving end of these kinds of comments / behaviour	
20 mins	Scenarios / Roleplay / Hot Seat Explain that you are going to role-play some scenarios. Get a pupil to come up for the first one and act out the following :- <ul style="list-style-type: none"> • Laurence is a pupil whose grandparents are from Jamaica – you say he should go back to his own country (pupil – role-playing the role of Laurence - has to try to respond appropriately) • get other pupils to come and be in the “hot seat” and provide appropriate responses <p>Some other scenario suggestions :</p> <ul style="list-style-type: none"> • Say that a boy is acting like a cissy (he likes ballet / dance) • Tell someone their trainers are really gay • Talk about Amal’s parents - say her parents are Muslims and you bet they’re terrorists 	
5 mins	Recap on learning – emphasise how to respond respectfully and so as not to worsen the situation - e.g ask a question ,correct facts , talk about impact on feelings	
5 mins	Remind pupils what to do if someone acts in a discriminatory way towards them <ul style="list-style-type: none"> • Who to tell in school • What to do if nothing happens (keep on telling someone) • School’s Anti-Bullying / Equality Policy • School E Team (Equalities Team) 	