

Healthy Eating Week



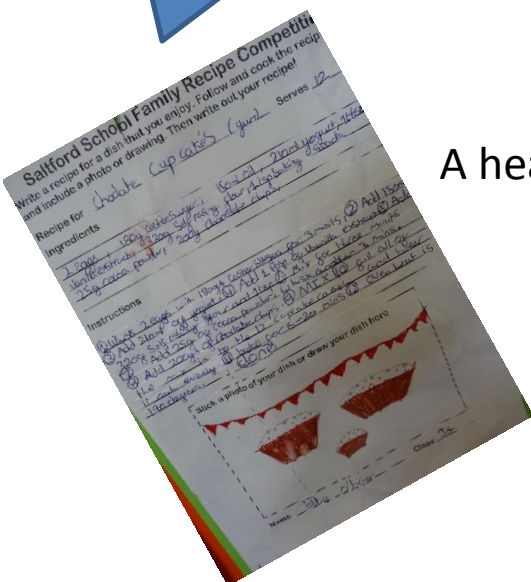
Healthy eating week was on the 10th - 14th of October 2016.

Here is a few of the interesting things that we did during the week:

Each class had a PE activity on the Monday with skipping ropes.

We also had a Go-Noodle session.

We had a skipping challenge with Brendan Rouse from school sports partnership via Dave Burton --Danielle Y6



A healthy eating competition was held.

We made Gruffalo crumble at home as part of the recipe competition

Reception





Here are some pictures of things that we have done during the week:

We had guest speakers from Waitrose and Riverford Farm, cooking in the class, lessons on eating healthily, making healthy eating posters and invited parents to see the activities carried out during the week.



We made bread sticks with dips and is also one of your 5 a day – Lilly Y5



We made fruit kebabs and made pictures. There one of your 5 a day – James Y1



Waitrose and Riverford Farm came in to explain about where food comes from – Isabel Y3