

LESSON PLAN

Objectives

1. Know what NHS services are available
2. Know when you should use the different NHS services
3. Understand antibiotic resistance and why it is so important to use antibiotics properly

60 minute session

TIMING	ACTIVITY	METHODOLOGY	RESOURCES
0-10 minutes	Introduction	<ul style="list-style-type: none"> • Verbal introduction to who I am and what I do • What does NHS stand for? • How much do you have to pay to see a doctor? • Objectives for the lesson • Ground rules • Show choose better picture, moment to digest and explanation 	<ul style="list-style-type: none"> • Powerpoint and projector
10-20 minutes	Health care services	<ul style="list-style-type: none"> • 3 minutes in pairs to make a list of the services they know about • Hands up for how many they got • 'Winner' to read out list • Any others? • Put own list on screen • Main services – hands up to say what they are/when you might go there • Explain the rest of the services 	<ul style="list-style-type: none"> • Worksheet • Pen • Powerpoint and projector
20-30 minutes	Health scenarios	<ul style="list-style-type: none"> • LARGE GROUP: • Read out scenario and options • Hands up for where they would go • Explain answer • • SMALL GROUP: • Label areas of room as services • Read out scenarios • Get students to stand at service they would go to 	<ul style="list-style-type: none"> • Powerpoint and projector • SMALL GROUP : • Printed sheets with services on • Blue tac

30-35 minutes	NHS choose better video	<ul style="list-style-type: none"> • Show video • Reiterate reason for importance of using services appropriately 	<ul style="list-style-type: none"> • Powerpoint and projector • Internet access (or could download videos in advance)
35-40 minutes	Antibiotic discussion	<ul style="list-style-type: none"> • Hands up interactive discussion • Explain no identifiable names – use “someone I know” • What are antibiotics? • Has anybody you know taken antibiotics? • What was it for? • What illnesses can they be used to treat? • What illnesses can’t they treat? • Have you heard of antibiotic resistance? • Explanation of antibiotic resistance 	
40-45 minutes	Antibiotic guardian video	<ul style="list-style-type: none"> • Show video • Reiterate reasons for importance • Ask if there are any questions 	<ul style="list-style-type: none"> • Powerpoint and projector • Internet access (or could download videos in advance)
45-50 minutes	Antibiotic quiz	<ul style="list-style-type: none"> • Show e-bug quiz questions one by one • On count of 3 ask students to shout out true or false (or hands up if don’t want noise!) 	<ul style="list-style-type: none"> • Powerpoint and projector
50 minutes	Close	<ul style="list-style-type: none"> • Reiterate messages • Homework – show at least one person in your family the antibiotic guardian video – the more people the better! • Show them the e-bug website 	<ul style="list-style-type: none"> • Request school to have links to the videos and e-bug resources on their website