

Getting healthier at Chandag Infant School

This year the staff and children of Chandag Infant School have worked together to find lots of ways to make our school healthier. We have done this by:

- Increasing the physical activity opportunities offered during the school day, such as the Daily Jog
- Working to create a 'good food' culture, including growing and eating our own vegetables
- **Setting up an Equalities Team to promote happy playtimes and lifting the profile of our Play Leaders**
- Building our Learning Power to provide spiritual, moral, social and cultural development for all pupils

The Daily Jog

We do stretches and we run around the playground with our teachers in the mornings



Elsa: We do a morning run and we are getting fitter!

Holly: I feel even healthier when I do a jog every day. It makes me know more stuff and do more stuff.

Rohan: After the Daily Jog I feel I want to do Phonics. I feel really excited and wide-awake.

Growing Vegetables

We grow lots of vegetables in our raised planters. We have already planted some onion sets to be ready in the Summer.



Freddie: First we took out the weeds then we did some planting.

Josh: we planted some onions. I like gardening. I don't do it at home. I want to do it again and again.

E TEAM Play Leaders

Our Year 1 and Year 2 children volunteer to be E Team Play Leaders to help make playtimes happier and safer for all our children.



Annika: Being a Play Leader means that I know what to do, to help people know where to find things.

Olivia: We help people who have fallen over and take them to First Aid.

Jacob: We say 'Stop!' if people chuck the space hoppers. We tidy up and help people.

Noah: I say 'No bullies allowed!'

Building Learning Power

Our children take responsibility for their own learning through the whole curriculum as they aspire to the qualities of: a Try Again Tortoise, a Useful Unicorn, a Wise Owl or Altogether Ants. BLP awards are presented in Celebration Assembly every Friday.

Max: I made a Lego ship by myself. I was trying and trying again like a Try Again Tortoise.

Florence: I was thinking of numbers in my head for the scores when I was bowling – I was a Useful Unicorn.

Holly: When I start to find my work easy I am like a Wise Owl, and I go to the next challenge.

Haydn: When I work together with my friends, like Altogether Ants, they teach me so I know, and I teach them so they know.

