

The BaNES Children and Young People's Health and Wellbeing Survey 2017

**A report for
BaNES Primary**

The Schools Health Education Unit

www.sheu.org.uk

SHEU

Survey Report 2017

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

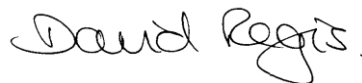
SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding
Survey Manager
Schools Health Education Unit



Dr. David Regis
Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received **The Survey Results Tables** (or online results), which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each question, which may be less than the total sample. Also in the Results Tables we show the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 549 | 543 |
| Girls | 542 | 508 |

Please note that 6 pupil(s) didn't specify whether they are a boy or a girl or were unsure/ preferred not to say/described themselves in some other way and 0 didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

BaNES Primary Headlines

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 549 | 543 |
| Girls | 542 | 508 |

Data from *Young People into 2017* is shown in [square brackets] for Years 4 & 6.

Background

ETHNICITY

- 85% [69%] of pupils described themselves as White British.

HOME LIFE

- 74% [69%] of pupils responded that they live with their Mum and Dad together.
- 11% [15%] of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

YOUNG CARER

- 5% [11%] of pupils responded that they are a 'young carer', while 9% said that they are 'not sure' if they are.

SPECIAL NEEDS

- 10% [10%] of pupils responded that they have a long-standing illness, disability or special need, while 12% [6%] said they 'don't know' if they do.

FREE SCHOOL MEALS

- 8% [7%] of pupils responded that they have free school meals or vouchers for free school meals currently, while 2% said that they don't, but could have them.

Healthy Eating

LUNCH

- 37% [44%] of pupils responded that they ate a school lunch on the day before the survey while 1% ate lunch from a takeaway or shop.
- 58% [49%] of pupils responded that they ate a packed lunch on the day before the survey.
- 1% [1%] of pupils responded that they did not have any lunch on the day before the survey.

BREAKFAST

- 8% [5%] of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 4% had a hot breakfast.
- 24% [28%] of pupils responded that they had toast, bread, croissants etc. before lessons on the day of the survey, while 10% [14%] had fruit.

WATER

- 3% [6%] of pupils responded that they didn't drink any water on the day before the survey.
- 35% [35%] of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

WEIGHT PERCEPTION

- 3% [6%] of pupils responded that they would like to put on weight.
- 24% [29%] of pupils responded that they would like to lose weight.
- 73% [65%] of pupils responded that they are happy with their weight as it is.

DRINKS

- 85% of pupils responded that they have water to drink 'on most days/every day'; 30% said the same of plain milk.
- 83% of pupils responded that they 'rarely or never' drink energy drinks; 62% said the same of milkshake drinks.

FIVE-A-DAY

- 4% [9%] of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 41% [29%] of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Physical Activity

ACTIVE TRAVEL

- 46% [49%] of pupils responded that they travelled to school by car or van on the day of the survey.
- 45% [44%] of pupils responded that they walked to school on the day of the survey.
- 19% of pupils responded that, if they could choose, they would like to travel to school by car or van.
- 40% of pupils responded that, if they could choose, they would like to walk to school.

EXERCISE

- 3% of boys and 1% of girls responded that they weren't active for at least 60 minutes on any day in the week before the survey.
- 65% of boys and 58% of girls responded that they were active for at least 60 minutes on five days or more in the week before the survey.
- 6% of pupils responded that they didn't do any exercise that caused them to breathe harder and faster in the week before the survey.
- 41% [30%] of pupils responded that they did exercise that caused them to breathe harder and faster on at least 5 days in the week before the survey.

ENJOYMENT

- 2% [3%] of pupils responded that they don't enjoy physical activities at all.

- ❑ 81% [82%] of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Smoking, Alcohol & Drugs

SMOKING

- ❑ 1% [3%] of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- ❑ 92% [89%] of Year 6 pupils responded that they think they will not smoke when they are older.
- ❑ 1% [2%] of Year 6 pupils responded that they think they will smoke when they are older, while 8% [8%] said that they 'maybe' will.
- ❑ 15% of Year 6 pupils responded that people regularly smoke cigarettes around them, while 7% 'prefer not to say'.
- ❑ 3% [0%] of Year 6 pupils responded that they have used an electronic cigarette at least once.

ALCOHOL

- ❑ 11% of Year 6 pupils responded that they have had a proper alcohol drink (not just a sip).
- ❑ 2% [4%] of Year 6 pupils responded that they had an alcoholic drink in the 7 days before the survey.

PARENTAL KNOWLEDGE

- ❑ 6% [11%] of Year 6 pupils responded that their parents/carers 'always' know if they drink alcohol.
- ❑ Of the 76 Year 6 pupils who drink alcohol, 87% said their parents 'always' know.
- ❑ 0% [0%] of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

DRUGS

- ❑ 5% [13%] of Year 6 pupils responded that they know someone who uses illegal drugs.
- ❑ 1% [2%] of Year 6 pupils responded that they have been offered cannabis, while 2% said they 'don't know' if they have been.
- ❑ 0% of Year 6 pupils responded that they have been offered other illegal drugs (not cannabis), while 2% said they 'don't know' if they have been.

Emotional Health & Wellbeing

HAPPINESS

- ❑ 8% of boys and 7% of girls responded that they are 'quite' or 'very' unhappy with their life at the moment.
- ❑ 72% of boys and 74% of girls [76% and 77% respectively] responded that they are 'quite' or 'very' happy with their life at the moment.

GROWING UP

- ❑ 61% [69%] of pupils responded that their parents have talked with them about how their body changes as they grow up; 26% [43%] said their teacher has talked with them in school lessons and 38% said the school nurse has talked with them. 12% said none of the people listed have talked with them.
- ❑ 61% of boys and 59% of girls [62% and 60% respectively] responded that they feel they know enough about how their body changes as they grow up, while 10% [29%] of pupils feel they do not know enough.

SELF-ESTEEM

- ❑ 20% [27%] of pupils had a med-low self-esteem score (9 or less).
- ❑ 39% [33%] of pupils had a high self-esteem score (15 or more).
- ❑ 76% [72%] of pupils responded that their parents/carers like to hear their ideas.
- ❑ 75% [73%] of pupils responded that their teachers listen to them at school.

WORRYING

- ❑ 83% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 40% of pupils responded that they worry 'quite a lot' or 'a lot' about SATs/tests, while 43% said the same about family.
- ❑ 94% of pupils responded that they do have at least one adult they can trust, while 4% said they 'don't know' if they do.

PROBLEM SOLVING

- ❑ 96% of Year 6 pupils responded that they at least 'sometimes' get help from trusted adults when they are struggling/feel bad or stressed/have a problem that worries them and 93% said they get help from friends.
- ❑ 75% of Year 6 pupils responded that they at least 'sometimes' deal with things by spending time on the computer/gaming etc. when they are struggling/feel bad or stressed/have a problem that worries them.
- ❑ 75% of Year 6 pupils responded that they at least 'sometimes' keep it to themselves when they are struggling/feel bad or stressed/have a problem that worries them, while 47% said they get into trouble (at home or school).

Staying Safe

PEER PRESSURE

- ❑ 45% [49%] of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 22% [21%] of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

INJURY

- ❑ 31% of pupils responded that they had a serious injury in the last 12 months (e.g. a broken bone, cut or burn that needed to be treated by a doctor or at a hospital).
- ❑ 9% of pupils responded that they were at school when they got injured in the 12 months before the survey, while 11% were at home.

CYCLING SAFETY

- ❑ 5% of pupils responded that they can't cycle.
- ❑ 24% of pupils responded that they are either not allowed to cycle on the road, or 'never' cycle on the road, while 25% said they 'rarely' do.
- ❑ 17% of pupils responded that they cycle on the road 'at least once a week' or 'every day'.

- ❑ 14% of pupils responded that they 'never' wear a safety helmet when they cycle, while 15% said they do so 'sometimes'.
- ❑ 66% of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they cycle.
- ❑ 22% of pupils responded that they don't use a scooter.
- ❑ 45% of pupils responded that they 'never' wear a safety helmet when they use a scooter, while 18% said they do so 'sometimes'.
- ❑ 16% of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they use a scooter.

LOCAL AREA

- ❑ 95% of pupils rated their safety at school as 'quite' or 'very' safe; 39% said the same of going out at night after dark.
- ❑ 61% of pupils rated their safety when going out at night after dark as 'not safe at all' or 'not very safe'; 5% said the same of being at school.

INTERNET SAFETY

- ❑ 54% of boys and 18% of girls responded that they access the internet on a games console.
- ❑ 61% of pupils responded that they access the internet on a computer or laptop at home.
- ❑ 39% of pupils responded that they access the internet on a computer or laptop at school.
- ❑ 55% of pupils responded that they access the internet on a personal tablet.
- ❑ 48% of pupils responded that they access the internet on a mobile phone or smartphone.
- ❑ 66% of pupils responded that they use the internet for entertainment; 36% said they use it for chatting and 46% said they use it for school work.
- ❑ 29% of Year 6 pupils responded that they have seen images, videos or content online that upset them.
- ❑ 18% [17%] of Year 6 pupils responded that they have seen images, videos or content online that were for adults-only.
- ❑ 7% [15%] of Year 6 pupils responded that they have searched online for content meant for adults only.
- ❑ 15% of Year 6 pupils responded that they have searched online for very violent images, films or games.
- ❑ 23% of Year 6 pupils responded that they 'never' use internet chat rooms, online gaming or social networking sites, while 7% said they do so 'only a few times a year'.
- ❑ 62% of Year 6 pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week', while 33% said that they use them at least 'every day'.
- ❑ 92% of pupils responded that they know how to stay safe online.
- ❑ 78% of pupils responded that they got e-safety information from school, while 55% said they got it from a parent or carer.

- ❑ 12% of Year 6 pupils responded that they have received a chat message online or by text which scared them or made them upset.
- ❑ 10% of Year 6 pupils responded that they have received one of the items listed in Q49a and deleted it.
- ❑ 8% of Year 6 pupils responded that they have texted or sent images of themselves that they later regretted.

BULLYING

- ❑ 32% [35%] of pupils responded that they have felt afraid of going to school because of bullying.
- ❑ 27% [26%] of pupils responded that they were bullied at school in the 12 months before the survey.
- ❑ 7% of pupils responded that they bullied someone at school in the 12 months before the survey.
- ❑ 72% [73%] of pupils responded that they think their school takes bullying seriously, while 10% [10%] said that it doesn't and 18% [15%] said they 'don't know' if it does.

Enjoying & Achieving

SCHOOL LESSONS

- ❑ 90% of Year 6 pupils responded that their school has taught them about internet safety 'fairly' or 'very' well; 67% said the same of citizenship.
- ❑ 7% of Year 6 pupils responded that their school has taught them about managing money 'not at all well'; 2% said the same of healthy eating.
- ❑ 9% [4%] of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school.
- ❑ 56% [58%] of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

IEWS & OPINIONS

- ❑ 57% of pupils responded that they feel their achievements are recognised at school, while 10% feel they are not recognised.
- ❑ 63% of pupils responded that they feel their achievements are recognised outside school, while 8% feel they are not recognised.
- ❑ 38% [43%] of pupils responded that they feel their views and opinions make a difference to decisions at school, while 16% [20%] feel they do not make a difference.
- ❑ 42% of pupils responded that they feel their views and opinions make a difference to decisions outside school, while 13% feel they do not make a difference.

LEISURE TIME

- ❑ 74% of pupils responded that they spent time watching TV programmes or films before or after school on the day before the survey, while 54% did homework and 62% played with friends.

Health & Hygiene

DENTAL CARE

- ❑ 1% [2%] of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 86% [83%] of pupils responded that they cleaned their teeth at least twice on the day before the survey.

- ❑ 82% of pupils responded that they visited the dentist in the last 6 months; 51% of these said they went in the past 3 months.
- ❑ 5% of pupils responded that they last visited the dentist more than a year ago, while 1% said they have never been to the dentist.

SLEEPING PATTERNS

- ❑ 30% of pupils responded that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.

- ❑ 21% of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

SUN CARE

- ❑ 8% of pupils responded that they 'never' do anything to avoid sunburn when it is sunny.
- ❑ 65% of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.

2017/2015 Comparisons

| | 2017 | | 2015 | |
|-------|------|------|------|------|
| | Yr 4 | Yr 6 | Yr 4 | Yr 6 |
| Boys | 549 | 543 | 410 | 465 |
| Girls | 542 | 508 | 368 | 399 |

2015 data in brackets; see notes on interpreting differences.

Background

ETHNICITY

- 85% (87%) of pupils described themselves as White British.

HOME LIFE

- 74% (72%) of pupils responded that they live with their Mum and Dad together.
- 11% (13%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.

YOUNG CARER

- 5% (7%) of pupils responded that they are a 'young carer', while 9% (12%) said that they are 'not sure' if they are.

SPECIAL NEEDS

- 10% (10%) of pupils responded that they have a long-standing illness, disability or special need, while 12% (12%) said they 'don't know' if they do.

FREE SCHOOL MEALS

- 8% (7%) of Year 6 pupils responded that they have free school meals or vouchers for free school meals currently, while 1% (2%) said that they don't, but could have them.

Healthy Eating

LUNCH

- 37% (38%) of pupils responded that they ate a school lunch on the day before the survey while 1% (1%) ate lunch from a takeaway or shop.
- 58% (59%) of pupils responded that they ate a packed lunch on the day before the survey.
- 1% (1%) of pupils responded that they did not have any lunch on the day before the survey.

BREAKFAST

- 8% (8%) of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 4% (4%) had a hot breakfast.
- 24% (29%) of pupils responded that they had toast, bread, croissants etc. before lessons on the day of the survey, while 10% (11%) had fruit.

WATER

- 3% (3%) of pupils responded that they didn't drink any water on the day before the survey.
- 35% (33%) of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

WEIGHT PERCEPTION

- 3% (4%) of pupils responded that they would like to put on weight.
- 24% (27%) of pupils responded that they would like to lose weight.
- 73% (70%) of pupils responded that they are happy with their weight as it is.

FIVE-A-DAY

- 4% (4%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 41% (36%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Physical Activity

ACTIVE TRAVEL

- 46% (44%) of pupils responded that they travelled to school by car or van on the day of the survey.
- 45% (52%) of pupils responded that they walked to school on the day of the survey.

EXERCISE

- 3% (4%) of boys and 1% (3%) of girls responded that they weren't active for at least 60 minutes on any day in the week before the survey.
- 65% (63%) of boys and 58% (54%) of girls responded that they were active for at least 60 minutes on five days or more in the week before the survey.
- 6% (6%) of pupils responded that they didn't do any exercise that caused them to breathe harder and faster in the week before the survey.
- 41% (36%) of pupils responded that they did exercise that caused them to breathe harder and faster on at least 5 days in the week before the survey.

ENJOYMENT

- 2% (2%) of pupils responded that they don't enjoy physical activities at all.
- 81% (81%) of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Smoking, Alcohol & Drugs

SMOKING

- 1% (2%) of Year 6 pupils responded that they have tried smoking in the past or smoke now.
- 92% (91%) of Year 6 pupils responded that they think they will not smoke when they are older.

- ❑ 1% (1%) of Year 6 pupils responded that they think they will smoke when they are older, while 8% (8%) said that they 'maybe' will.
- ❑ 15% (15%) of Year 6 pupils responded that people regularly smoke cigarettes around them, while 7% (6%) 'prefer not to say'.
- ❑ 3% (3%) of Year 6 pupils responded that they have used an electronic cigarette at least once.

ALCOHOL

- ❑ 11% (9%) of Year 6 pupils responded that they have had a proper alcohol drink (not just a sip).
- ❑ 2% (2%) of Year 6 pupils responded that they had an alcoholic drink in the 7 days before the survey.

PARENTAL KNOWLEDGE

- ❑ 6% (6%) of Year 6 pupils responded that their parents/carers 'always' know if they drink alcohol.
- ❑ Of the 76 (59) Year 6 pupils who drink alcohol, 87% (85%) said their parents 'always' know.
- ❑ 0% (0%) of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

DRUGS

- ❑ 5% (5%) of Year 6 pupils responded that they know someone who uses illegal drugs.
- ❑ 1% (1%) of Year 6 pupils responded that they have been offered cannabis, while 2% (2%) said they 'don't know' if they have been.
- ❑ 0% (1%) of Year 6 pupils responded that they have been offered other illegal drugs (not cannabis), while 2% (2%) said they 'don't know' if they have been.

Emotional Health & Wellbeing

HAPPINESS

- ❑ 8% (8%) of boys and 7% (9%) of girls responded that they are 'quite' or 'very' unhappy with their life at the moment.
- ❑ 72% (73%) of boys and 74% (70%) of girls responded that they are 'quite' or 'very' happy with their life at the moment.

GROWING UP

- ❑ 61% (69%) of pupils responded that their parents have talked with them about how their body changes as they grow up; 26% (29%) said their teacher has talked with them in school lessons and 38% (39%) said the school nurse has talked with them.
- ❑ 61% (66%) of boys and 59% (67%) of girls responded that they feel they know enough about how their body changes as they grow up, while 10% (9%) of pupils feel they do not know enough.

SELF-ESTEEM

- ❑ 20% (18%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 39% (43%) of pupils had a high self-esteem score (15 or more).
- ❑ 76% (76%) of pupils responded that their parents/carers like to hear their ideas.
- ❑ 75% (75%) of pupils responded that their teachers listen to them at school.

WORRYING

- ❑ 83% (74%) of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.
- ❑ 40% (39%) of pupils responded that they worry 'quite a lot' or 'a lot' about SATs/tests, while 43% (39%) said the same about family.
- ❑ 94% (93%) of pupils responded that they do have at least one adult they can trust, while 4% (5%) said they 'don't know' if they do.

Staying Safe

PEER PRESSURE

- ❑ 45% (44%) of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.
- ❑ 22% (21%) of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

INJURY

- ❑ 31% (29%) of pupils responded that they had a serious injury in the last 12 months (e.g. a broken bone, cut or burn that needed to be treated by a doctor or at a hospital).
- ❑ 9% (7%) of pupils responded that they were at school when they got injured in the 12 months before the survey, while 11% (10%) were at home.

CYCLING SAFETY

- ❑ 5% (4%) of pupils responded that they can't cycle.
- ❑ 24% (23%) of pupils responded that they are either not allowed to cycle on the road, or 'never' cycle on the road, while 25% (24%) said they 'rarely' do.
- ❑ 17% (18%) of pupils responded that they cycle on the road 'at least once a week' or 'every day'.
- ❑ 14% (14%) of pupils responded that they 'never' wear a safety helmet when they cycle, while 15% (15%) said they do so 'sometimes'.
- ❑ 66% (67%) of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they cycle.

LOCAL AREA

- ❑ 95% (96%) of pupils rated their safety at school as 'quite' or 'very' safe; 39% (37%) said the same of going out at night after dark.
- ❑ 61% (63%) of pupils rated their safety when going out at night after dark as 'not safe at all' or 'not very safe'; 5% (4%) said the same of being at school.

INTERNET SAFETY

- ❑ 54% (46%) of boys and 18% (18%) of girls responded that they access the internet on a games console.
- ❑ 61% (66%) of pupils responded that they access the internet on a computer or laptop at home.
- ❑ 39% (37%) of pupils responded that they access the internet on a computer or laptop at school.
- ❑ 55% (55%) of pupils responded that they access the internet on a personal tablet.
- ❑ 48% (38%) of pupils responded that they access the internet on a mobile phone or smartphone.

- ❑ 66% (64%) of pupils responded that they use the internet for entertainment; 36% (35%) said they use it for chatting and 46% (49%) said they use it for school work.
- ❑ 29% (29%) of Year 6 pupils responded that they have seen images, videos or content online that upset them.
- ❑ 18% (24%) of Year 6 pupils responded that they have seen images, videos or content online that were for adults-only.
- ❑ 23% (25%) of Year 6 pupils responded that they 'never' use internet chat rooms, online gaming or social networking sites, while 7% (7%) said they do so 'only a few times a year'.
- ❑ 62% (56%) of Year 6 pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week', while 33% (25%) said that they use them at least 'every day'.
- ❑ 92% (92%) of pupils responded that they know how to stay safe online.
- ❑ 78% (81%) of pupils responded that they got e-safety information from school, while 55% (50%) said they got it from a parent or carer.
- ❑ 12% (11%) of Year 6 pupils responded that they have received a chat message online or by text which scared them or made them upset.
- ❑ 10% (10%) of Year 6 pupils responded that they have received one of the items listed in Q49a and deleted it.
- ❑ 8% (11%) of Year 6 pupils responded that they have texted or sent images of themselves that they later regretted.

BULLYING

- ❑ 32% (31%) of pupils responded that they have felt afraid of going to school because of bullying.
- ❑ 27% (26%) of pupils responded that they were bullied at school in the 12 months before the survey.
- ❑ 7% (6%) of pupils responded that they bullied someone at school in the 12 months before the survey.
- ❑ 72% (74%) of pupils responded that they think their school takes bullying seriously, while 10% (10%) said that it doesn't and 18% (16%) said they 'don't know' if it does.

Enjoying & Achieving

SCHOOL LESSONS

- ❑ 90% (90%) of Year 6 pupils responded that their school has taught them about internet safety 'fairly' or 'very' well; 67% (69%) said the same of citizenship.

- ❑ 7% (7%) of Year 6 pupils responded that their school has taught them about managing money 'not at all well'; 2% (2%) said the same of healthy eating.
- ❑ 9% (7%) of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school.
- ❑ 56% (58%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

VIEWS & OPINIONS

- ❑ 57% (60%) of pupils responded that they feel their achievements are recognised at school, while 10% (10%) feel they are not recognised.
- ❑ 63% (65%) of pupils responded that they feel their achievements are recognised outside school, while 8% (7%) feel they are not recognised.
- ❑ 38% (42%) of pupils responded that they feel their views and opinions make a difference to decisions at school, while 16% (15%) feel they do not make a difference.
- ❑ 42% (45%) of pupils responded that they feel their views and opinions make a difference to decisions outside school, while 13% (11%) feel they do not make a difference.

Health & Hygiene

DENTAL CARE

- ❑ 1% (2%) of pupils responded that they did not clean their teeth at all on the day before the survey.
- ❑ 86% (85%) of pupils responded that they cleaned their teeth at least twice on the day before the survey.
- ❑ 82% (83%) of pupils responded that they visited the dentist in the last 6 months; 51% (51%) of these said they went in the past 3 months.
- ❑ 5% (5%) of pupils responded that they last visited the dentist more than a year ago, while 1% (1%) said they have never been to the dentist.

SLEEPING PATTERNS

- ❑ 30% (32%) of pupils responded that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.
- ❑ 21% (16%) of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

SUN CARE

- ❑ 8% (10%) of pupils responded that they 'never' do anything to avoid sunburn when it is sunny.
- ❑ 65% (59%) of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.

2017/2015 Significant Differences

Below we have listed some statistically significant differences between 2017 and 2015.

| Sig | 2017 | 2015 | Question |
|-----|------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| *** | 83% | 74% | of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'. |
| *** | 48% | 38% | of pupils responded that they access the internet on a mobile phone or smartphone. |
| *** | 61% | 69% | of pupils responded that their parents have talked with them about how their body changes as they grow up. |
| *** | 45% | 52% | of pupils responded that they walked to school on the day of the survey. |
| *** | 65% | 59% | of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny. |
| *** | 60% | 67% | of pupils responded that they feel they know enough about how their body changes as they grow up. |
| *** | 21% | 16% | of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey. |
| *** | 24% | 29% | of pupils responded that they had toast, bread, croissants etc. before lessons on the day of the survey. |
| *** | 61% | 66% | of pupils responded that they access the internet on a computer or laptop at home. |
| *** | 41% | 36% | of pupils responded that they did exercise that caused them to breathe harder and faster on at least 5 days in the week before the survey. |
| *** | 18% | 24% | of Year 6 pupils responded that they have seen images, videos or content online that were for adults-only. |
| *** | 55% | 50% | of pupils responded that they have got e-safety information from a parent or carer. |
| *** | 41% | 36% | of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey. |
| *** | 62% | 56% | of Year 6 pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week'. |
| ** | 39% | 43% | of pupils had a high self-esteem score (15 or more). |
| ** | 9% | 7% | of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school. |
| * | 73% | 70% | of pupils responded that they are happy with their weight as it is. |
| * | 38% | 42% | of pupils responded that they feel their views and opinions make a difference to decisions at school. |
| * | 5% | 7% | of pupils responded that they are a 'young carer'. |
| * | 85% | 87% | of pupils described themselves as White British. |
| * | 46% | 49% | of pupils responded that they use the internet for school work. |
| * | 57% | 60% | of pupils responded that they feel their achievements are recognised at school. |
| * | 43% | 39% | of pupils responded that they worry 'quite a lot' or 'a lot' about family. |

Tests: Chi-squared (χ^2). KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Background

Ethnicity

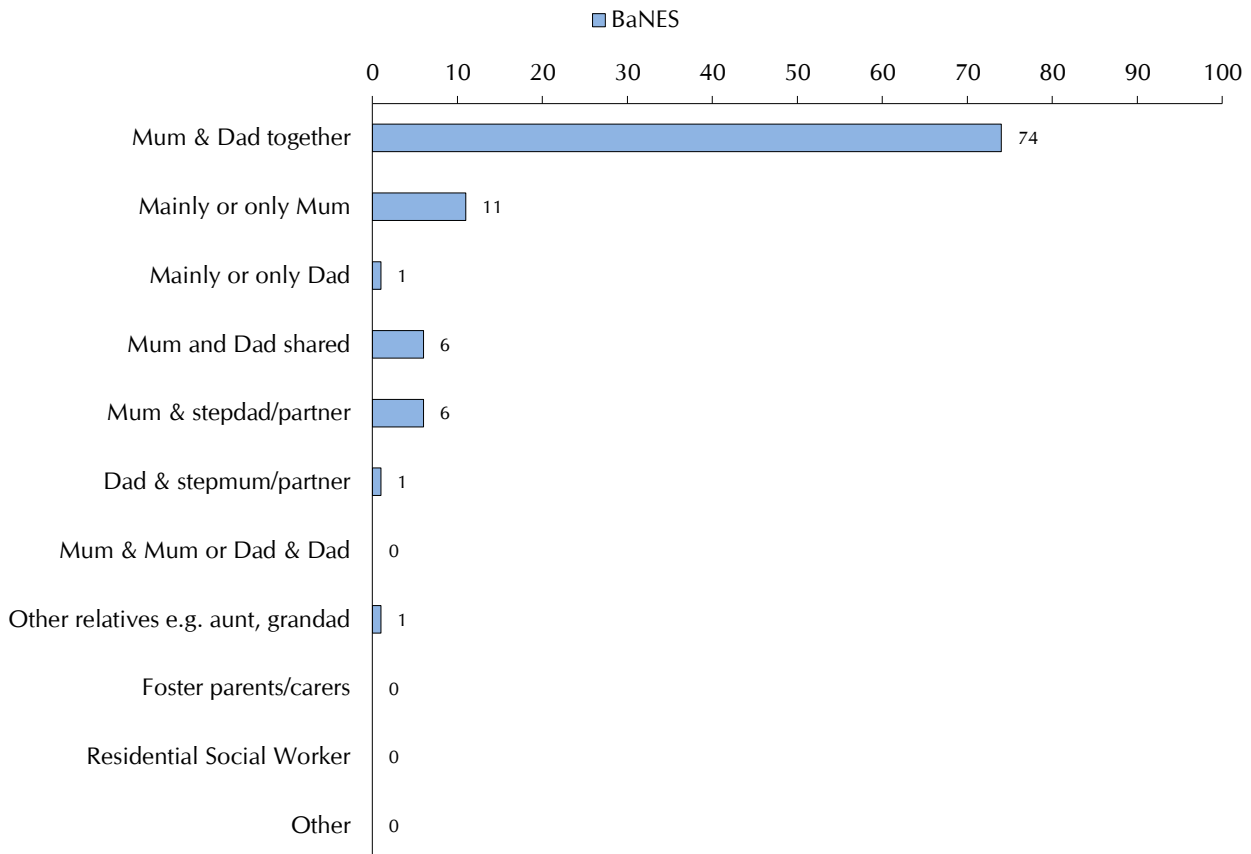
85% of pupils described themselves as White British.

QC. Percentage describing themselves as White British.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 84 | 87 |
| Girls | 82 | 86 |

Home life

Q1. Which adults do you live with?



74% of pupils responded that they live with their Mum and Dad together.

Q1. Percentage answering that they live with their Mum and Dad together.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 78 | 71 |
| Girls | 74 | 73 |

11% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q1. Percentage answering that they live mainly or only with their mum.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 10 | 11 |
| Girls | 10 | 11 |

Young carer

5% of pupils responded that they are a 'young carer', while 9% said that they are 'not sure' if they are.

Q2. Percentage answering that they are a 'young carer'.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 5 | 5 |
| Girls | 5 | 4 |

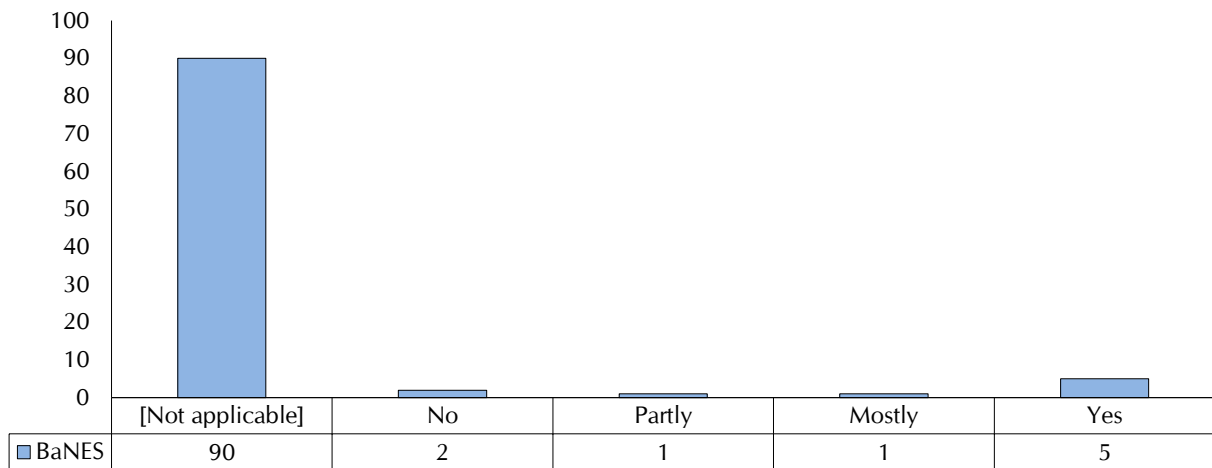
Special needs

10% of pupils responded that they have a long-standing illness, disability or special need, while 12% said they 'don't know' if they do.

Q3a. Percentage answering that they have a long-standing illness, disability or special need.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 10 | 13 |
| Girls | 8 | 8 |

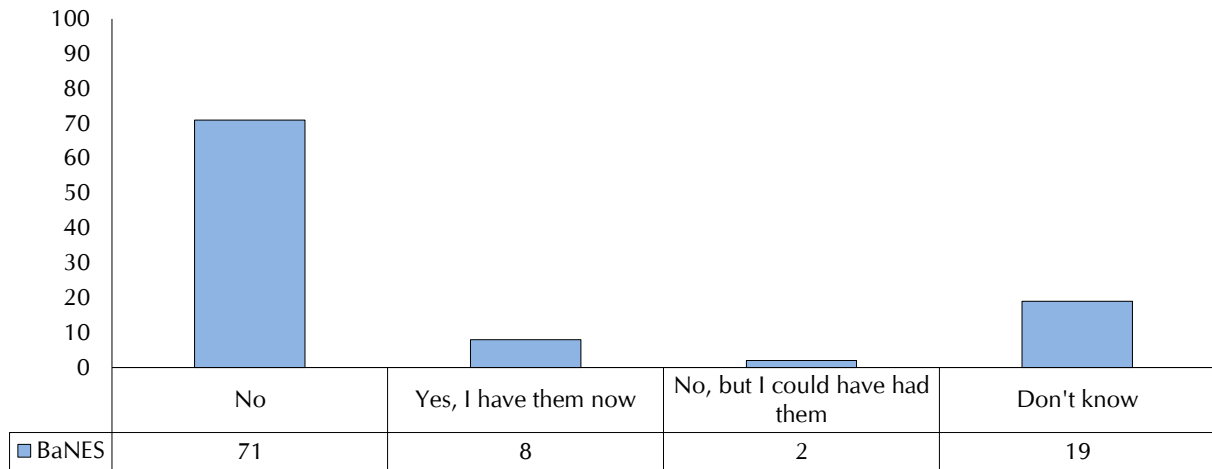
Q3b. If yes, does your school support you with them?



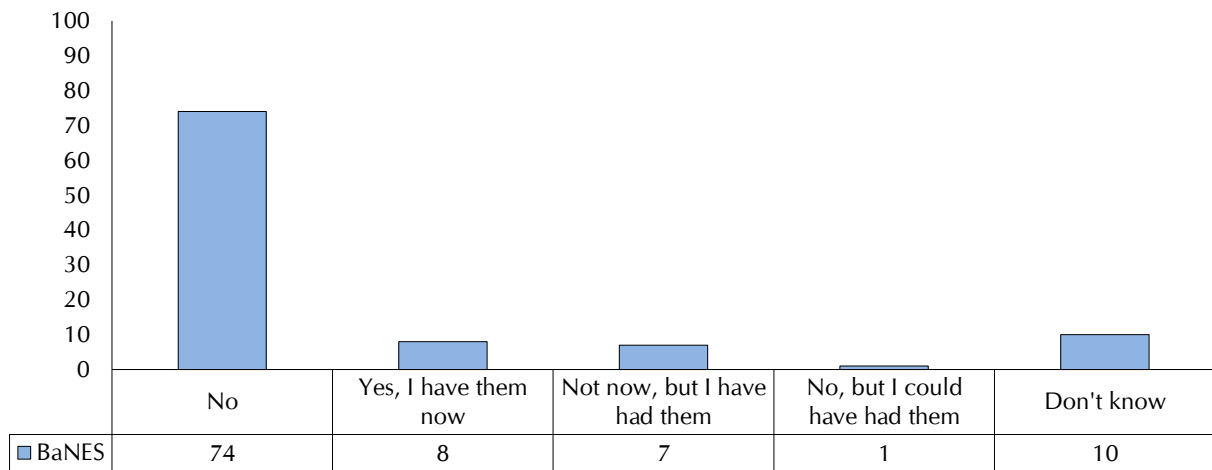
Free school meals

Q5. Have you ever had free school meals, or vouchers for free meals?

Years 4&5



Year 6



8% of pupils responded that they have free school meals or vouchers for free school meals currently, while 2% said that they don't, but could have them.

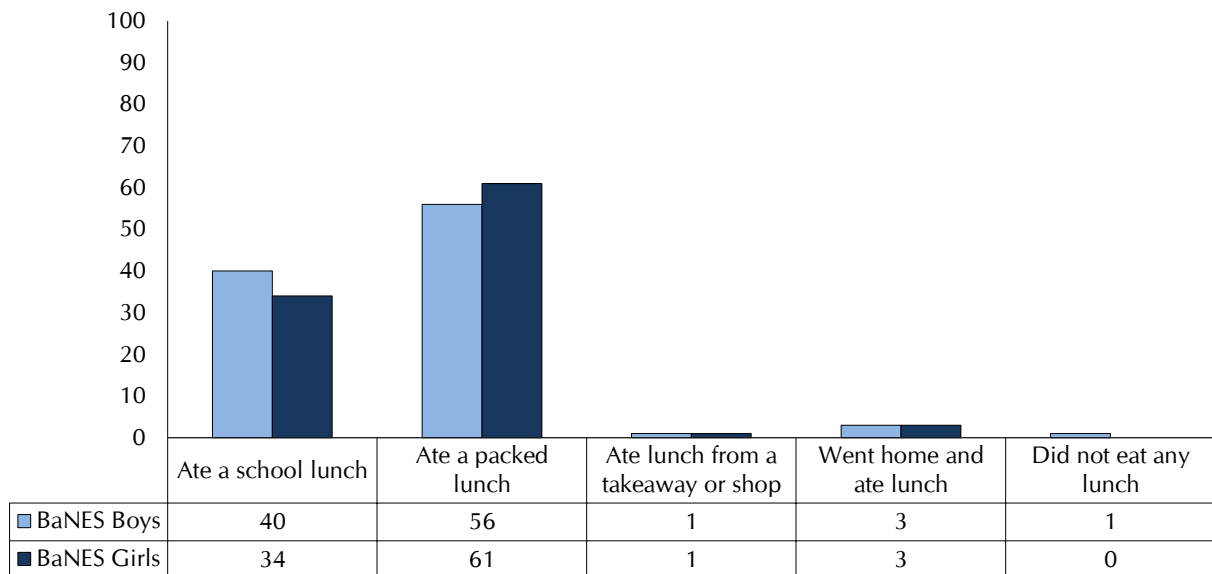
Q5. Percentage answering that they get free school meals or vouchers for free school meals.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 9 | 8 |
| Girls | 7 | 7 |

Healthy Eating

Lunch

Q4. What did you do for lunch yesterday?



37% of pupils responded that they ate a school lunch on the day before the survey while 1% ate lunch from a takeaway or shop.

Q4. Percentage answering that they ate a school lunch on the day before the survey.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 44 | 36 |
| Girls | 38 | 31 |

58% of pupils responded that they ate a packed lunch on the day before the survey.

Q4. Percentage answering that they ate a packed lunch on the day before the survey.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 53 | 58 |
| Girls | 57 | 66 |

1% of pupils responded that they did not have any lunch on the day before the survey.

Q4. Percentage answering that they did not have any lunch on the day before the survey.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 0 | 1 |
| Girls | 0 | 1 |

Breakfast

8% of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey, while 4% had a hot breakfast.

Q7. Percentage answering that they didn't have anything to eat or drink before lessons on the morning of the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 9 | 10 |
| Girls | 7 | 7 |

24% of pupils responded that they had toast, bread, croissants etc. before lessons on the day of the survey, while 10% had fruit.

Q7. Percentage of pupils responding that they had the following to eat or drink before lessons on the day of the survey (top 5):

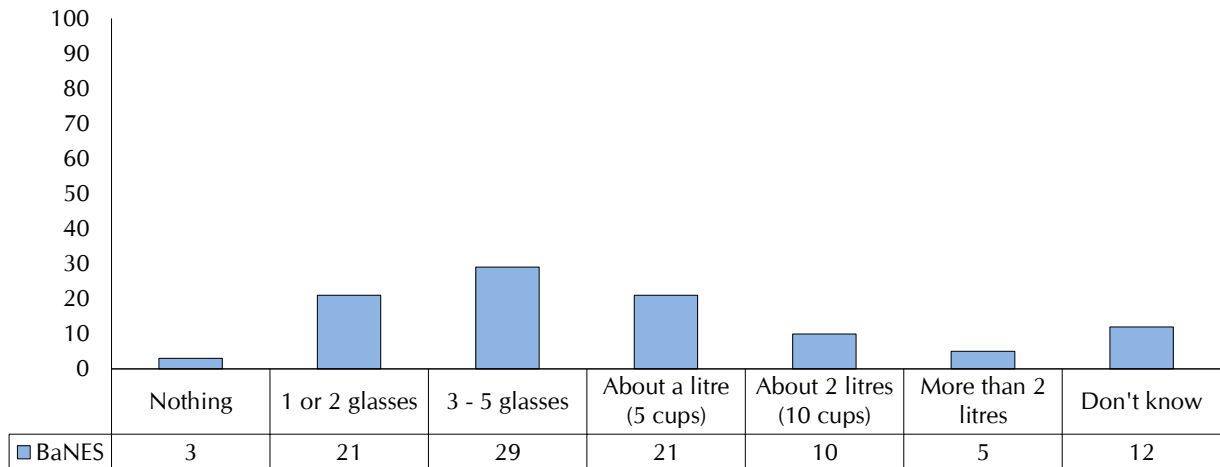
| Boys | | | Girls | | |
|------|---------------------------------|----|-------|---------------------------------|----|
| 1 | Low-sugar cereal | 25 | 1 | Toast, bread, croissants etc. | 25 |
| 2 | Toast, bread, croissants etc. | 23 | 2 | Low-sugar cereal | 22 |
| 3 | Cereal with sugar/sugary cereal | 21 | 3 | Cereal with sugar/sugary cereal | 20 |
| 4 | Other | 12 | 4 | Other | 14 |
| 5 | Fruit juice | 11 | 5 | Fruit | 12 |

Q6. Percentage of pupils responding that they had something to eat or drink at the following before lessons on the day of the survey:

| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | At home | 80 | 1 | At home | 82 |
| 2 | At school | 12 | 2 | At school | 16 |
| 3 | On the way to school | 5 | 3 | On the way to school | 7 |

Water

Q8. How much water did you drink yesterday?



3% of pupils responded that they didn't drink any water on the day before the survey.

Q8. Percentage answering that they didn't drink any water yesterday.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 3 | 2 |
| Girls | 2 | 4 |

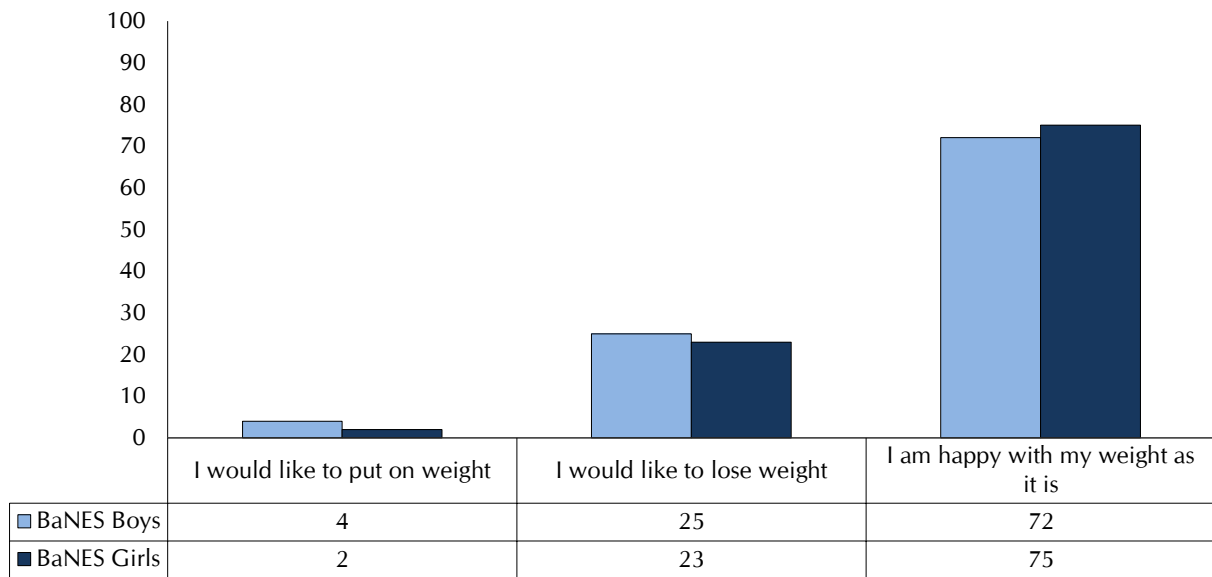
35% of pupils responded that they drank at least 'about a litre' of water on the day before the survey.

Q8. Percentage answering that they drank at least a litre of water yesterday.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 35 | 39 |
| Girls | 31 | 34 |

Weight perception

Q9. Which statement describes you best?



3% of pupils responded that they would like to put on weight.

Q9. Percentage answering that they would like to put on weight.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 3 | 4 |
| Girls | 1 | 3 |

24% of pupils responded that they would like to lose weight.

Q9. Percentage answering that they would like to lose weight.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 21 | 28 |
| Girls | 19 | 27 |

73% of pupils responded that they are happy with their weight as it is.

Q9. Percentage answering that they are happy with their weight as it is.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 76 | 67 |
| Girls | 80 | 70 |

Drinks

85% of pupils responded that they have water to drink 'on most days/every day'; 30% said the same of plain milk.

Q10. Percentage of pupils responding that they drink the following 'on most days/every day' (top 10):

| Boys | | | Girls | | |
|------|----------------------------------------------------|----|-------|----------------------------------------------------|----|
| 1 | Water | 84 | 1 | Water | 87 |
| 2 | Plain milk | 33 | 2 | Fruit flavoured drinks | 30 |
| 3 | Fruit flavoured drinks | 28 | 3 | Plain milk | 27 |
| 4 | Fruit juice/smoothie | 18 | 4 | Fruit juice/smoothie | 18 |
| 5 | Sugar-free or diet drinks | 8 | 5 | Tea/coffee | 7 |
| 6 | Tea/coffee | 8 | 6 | Other fizzy drinks (not energy or sugar-free/diet) | 6 |
| 7 | Other fizzy drinks (not energy or sugar-free/diet) | 8 | 7 | Milkshake drinks | 4 |
| 8 | Milkshake drinks | 5 | 8 | Sugar-free or diet drinks | 4 |
| 9 | Energy drinks | 3 | 9 | Energy drinks | 1 |

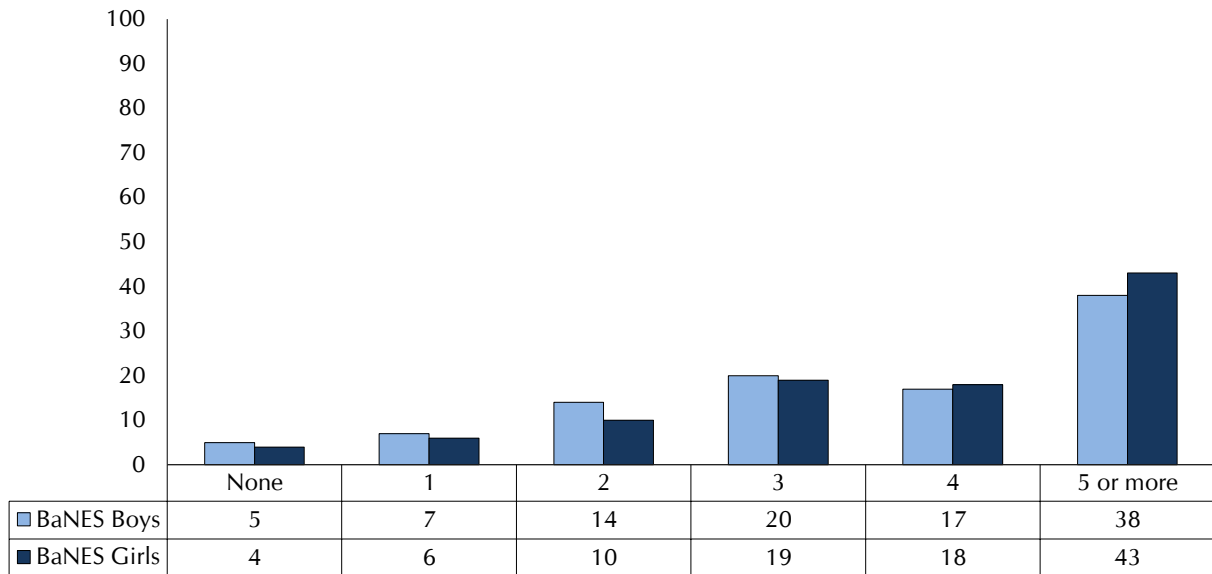
83% of pupils responded that they 'rarely or never' drink energy drinks; 62% said the same of milkshake drinks.

Q10. Percentage of pupils responding that they 'rarely or never' drink the following (top 10):

| Boys | | | Girls | | |
|------|----------------------------------------------------|----|-------|----------------------------------------------------|----|
| 1 | Energy drinks | 78 | 1 | Energy drinks | 88 |
| 2 | Milkshake drinks | 60 | 2 | Milkshake drinks | 64 |
| 3 | Tea/coffee | 59 | 3 | Tea/coffee | 59 |
| 4 | Sugar-free or diet drinks | 44 | 4 | Other fizzy drinks (not energy or sugar-free/diet) | 52 |
| 5 | Other fizzy drinks (not energy or sugar-free/diet) | 42 | 5 | Sugar-free or diet drinks | 52 |
| 6 | Plain milk | 27 | 6 | Plain milk | 30 |
| 7 | Fruit juice/smoothie | 27 | 7 | Fruit juice/smoothie | 24 |
| 8 | Fruit flavoured drinks | 23 | 8 | Fruit flavoured drinks | 21 |
| 9 | Water | 3 | 9 | Water | 3 |

Five-a-day

Q11. How many portions of fruit and vegetables did you eat yesterday?



4% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q11. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 4 | 5 |
| Girls | 4 | 4 |

41% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

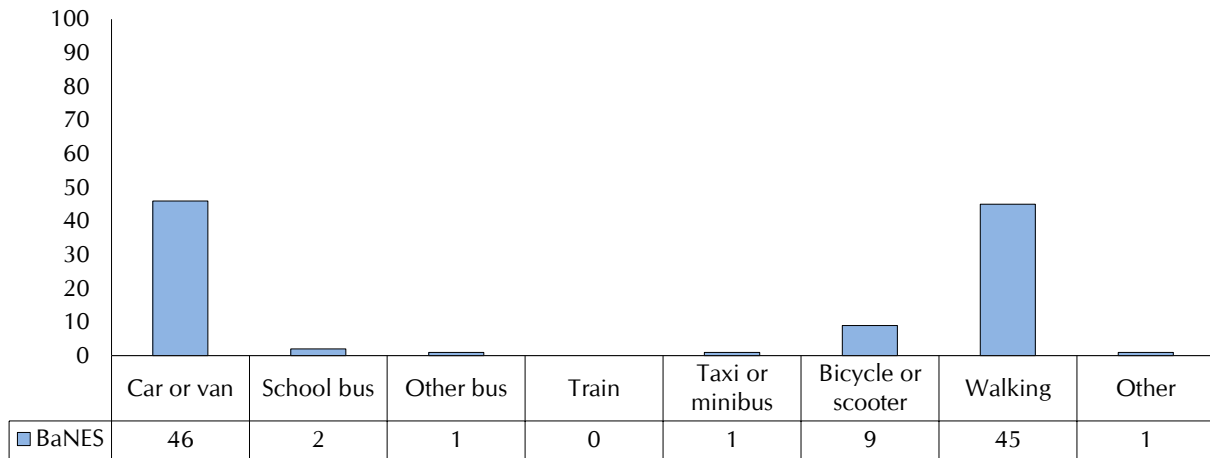
Q11. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 42 | 34 |
| Girls | 48 | 39 |

Physical Activity

Active travel

Q12. How did you travel to school today?



46% of pupils responded that they travelled to school by car or van on the day of the survey.

Q12. Percentage answering that they travelled to school by car or van on the day of the survey.

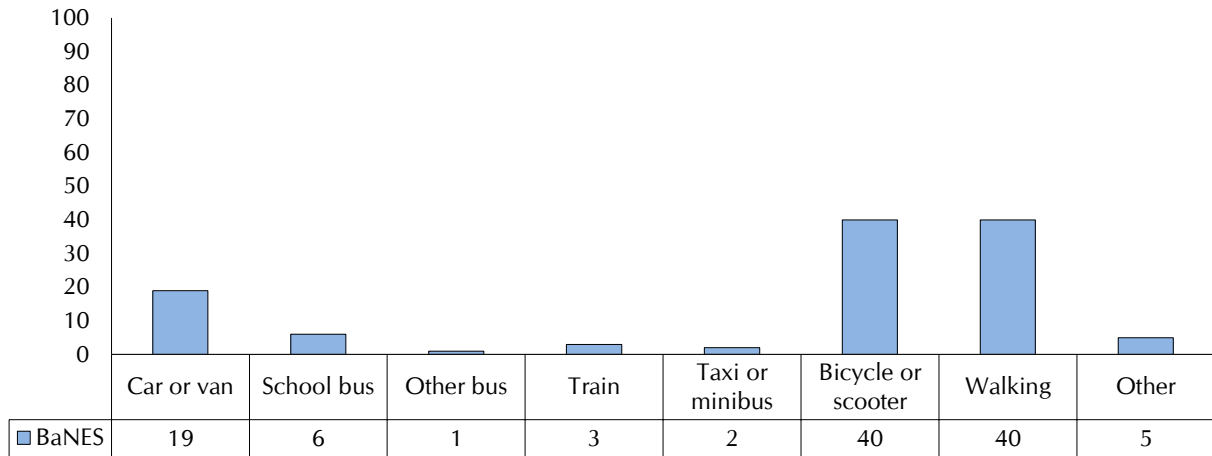
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 44 | 43 |
| Girls | 52 | 45 |

45% of pupils responded that they walked to school on the day of the survey.

Q12. Percentage answering that they walked to school on the day of the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 43 | 42 |
| Girls | 43 | 53 |

Q13. If you could choose, how would you like to travel to school?



19% of pupils responded that, if they could choose, they would like to travel to school by car or van.

Q13. Percentage answering that, if they could choose, they would like to travel to school by car or van.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 19 | 22 |
| Girls | 15 | 21 |

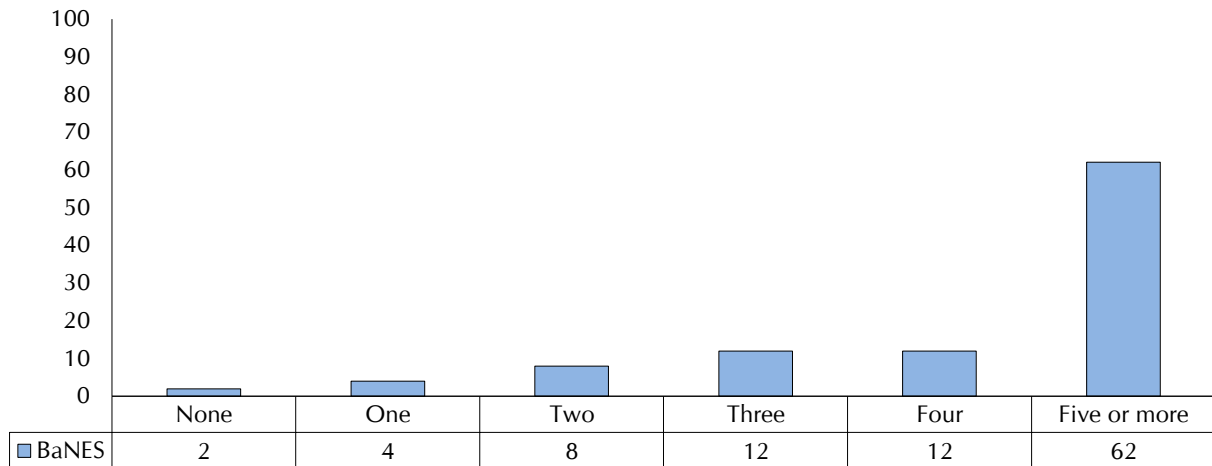
40% of pupils responded that, if they could choose, they would like to walk to school.

Q13. Percentage answering that, if they could choose, they would like to walk to school.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 29 | 37 |
| Girls | 38 | 57 |

Exercise

Q14. How many days last week were you active for at least 60 minutes each day?



3% of boys and 1% of girls responded that they weren't active for at least 60 minutes on any day in the week before the survey.

Q14. Percentage answering that they weren't active for at least 60 minutes on any day in the week before the survey.

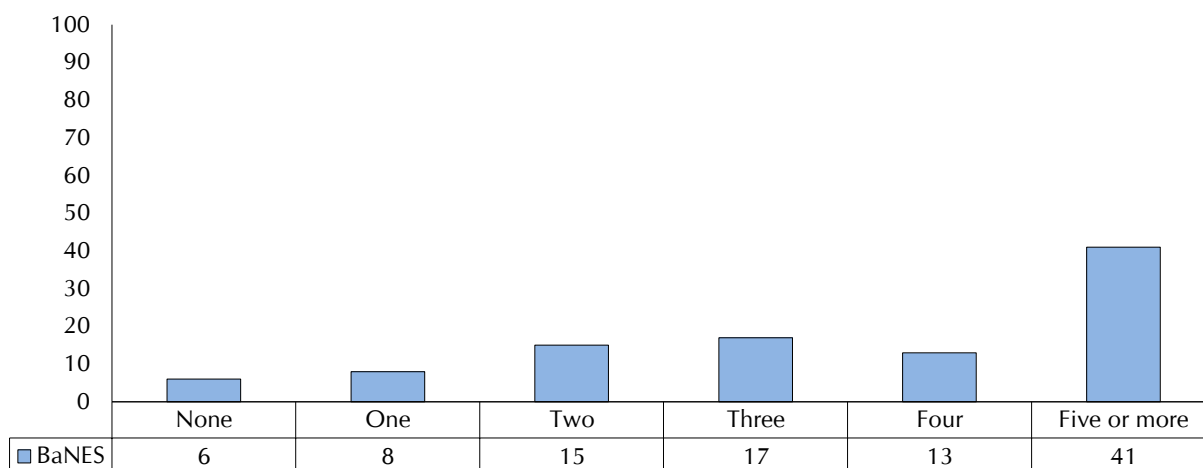
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 4 | 2 |
| Girls | 2 | 1 |

65% of boys and 58% of girls responded that they were active for at least 60 minutes on five days or more in the week before the survey.

Q14. Percentage answering that they were active for at least 60 minutes on five days or more in the week before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 62 | 68 |
| Girls | 55 | 62 |

Q15. How many days last week did you exercise and have to breathe harder and faster?



6% of pupils responded that they didn't do any exercise that caused them to breathe harder and faster in the week before the survey.

Q15. Percentage answering that they didn't do any exercise that caused them to breathe harder and faster in the week before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 6 | 5 |
| Girls | 6 | 5 |

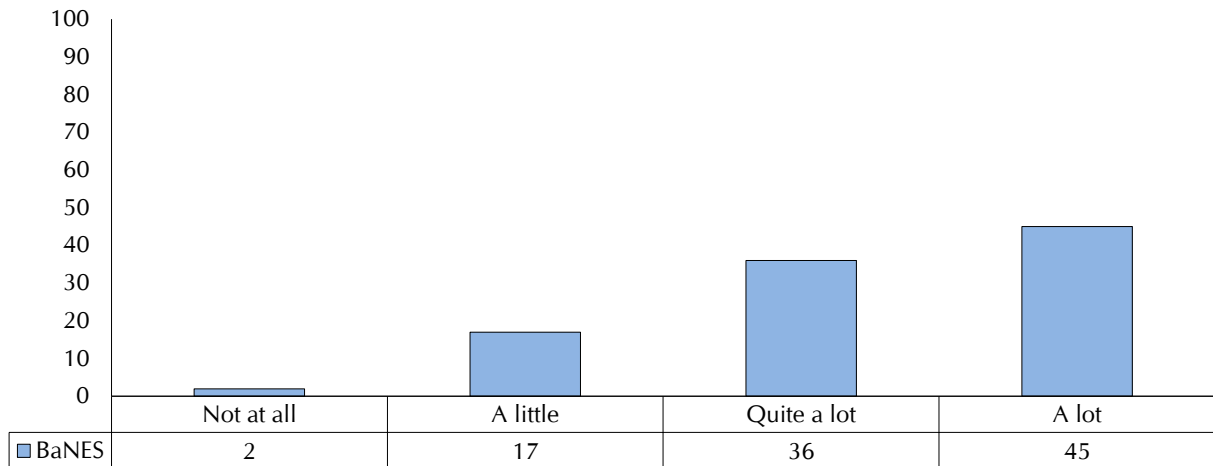
41% of pupils responded that they did exercise that caused them to breathe harder and faster on at least 5 days in the week before the survey.

Q15. Percentage answering that they did exercise that caused them to breathe harder and faster on at least 5 days in the week before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 46 | 48 |
| Girls | 34 | 35 |

Enjoyment

Q16. How much do you enjoy physical activities?



2% of pupils responded that they don't enjoy physical activities at all.

Q16. Percentage answering that they don't enjoy physical activities at all.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 3 | 1 |
| Girls | 3 | 2 |

81% of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

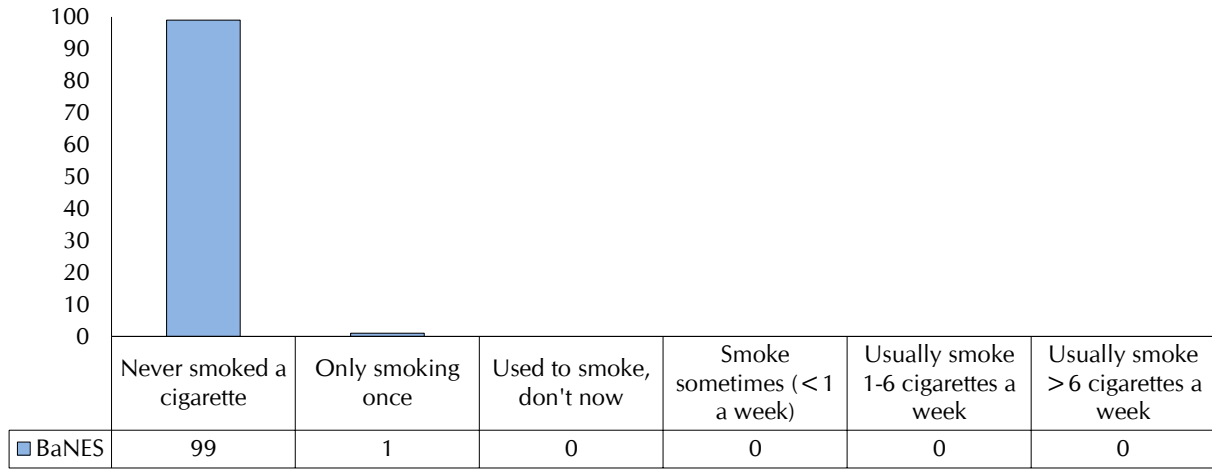
Q16. Percentage answering that they enjoy physical activities 'quite a lot' or 'a lot'.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 82 | 85 |
| Girls | 78 | 80 |

Smoking, Alcohol & Drugs

Smoking

Q17. Year 6 only: Smoking: Which sentence describes you best?



1% of Year 6 pupils responded that they have tried smoking in the past or smoke now.

Q17. Percentage of Year 6 pupils answering that they have smoked in the past or smoke now.

BaNES

Yr 6

Boys 2

Girls 0

92% of Year 6 pupils responded that they think they will not smoke when they are older.

Q18. Percentage of Year 6 pupils answering that they think they will not smoke when they are older.

BaNES

Yr 6

Boys 90

Girls 93

1% of Year 6 pupils responded that they think they will smoke when they are older, while 8% said that they 'maybe' will.

Q18. Percentage of Year 6 pupils answering that they think they will smoke when they are older.

BaNES

Yr 6

Boys 1

Girls 0

15% of Year 6 pupils responded that people regularly smoke cigarettes around them, while 7% 'prefer not to say'.

3% of Year 6 pupils responded that they have used an electronic cigarette at least once.

Alcohol

11% of Year 6 pupils responded that they have had a proper alcohol drink (not just a sip).

2% of Year 6 pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q19. Percentage of Year 6 pupils answering that people regularly smoke cigarettes around them.

BaNES

Yr 6

Boys 16

Girls 13

Q20. Percentage of Year 6 pupils answering that they have used an electronic cigarette at least once.

BaNES

Yr 6

Boys 4

Girls 2

Q21. Percentage of Year 6 pupils answering that they have had a proper alcohol drink (not just a sip).

BaNES

Yr 6

Boys 16

Girls 5

Q22. Percentage of Year 6 pupils answering that they had an alcoholic drink in the 7 days before the survey.

BaNES

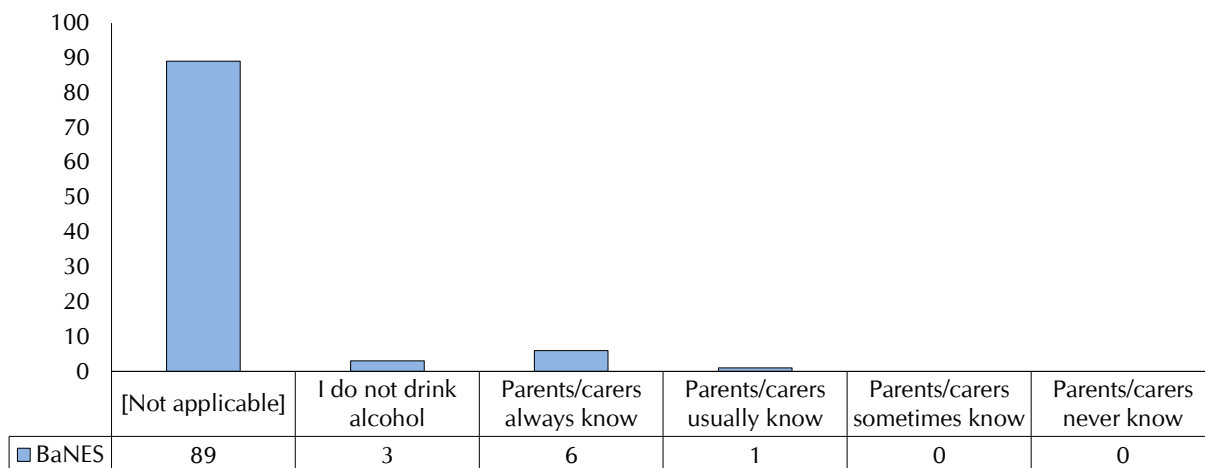
Yr 6

Boys 3

Girls 1

Parental knowledge

Q24. Year 6 only: If you ever drink alcohol, do your parents/carers know?



6% of Year 6 pupils responded that their parents/carers 'always' know if they drink alcohol.

Of the 76 Year 6 pupils who drink alcohol, 87% said their parents 'always' know.

0% of Year 6 pupils responded that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

Q24. Percentage of Year 6 pupils who drink alcohol answering that their parents/carers 'always' know.

BaNES

Yr 6

Boys 85

Girls 94

Q24. Percentage of Year 6 pupils answering that their parents/carers 'never' or only 'sometimes' know if they drink alcohol.

BaNES

Yr 6

Boys 0

Girls 0

Drugs

5% of Year 6 pupils responded that they know someone who uses illegal drugs.

Q25. Percentage of Year 6 pupils answering that they know someone who uses illegal drugs.

BaNES

Yr 6

Boys 7

Girls 2

1% of Year 6 pupils responded that they have been offered cannabis, while 2% said they 'don't know' if they have been.

Q26a. Percentage of Year 6 pupils answering that they have been offered cannabis.

BaNES

Yr 6

Boys 2

Girls 0

0% of Year 6 pupils responded that they have been offered other illegal drugs (not cannabis), while 2% said they 'don't know' if they have been.

Q26b. Percentage of Year 6 pupils answering that they have been offered other illegal drugs (not cannabis).

BaNES

Yr 6

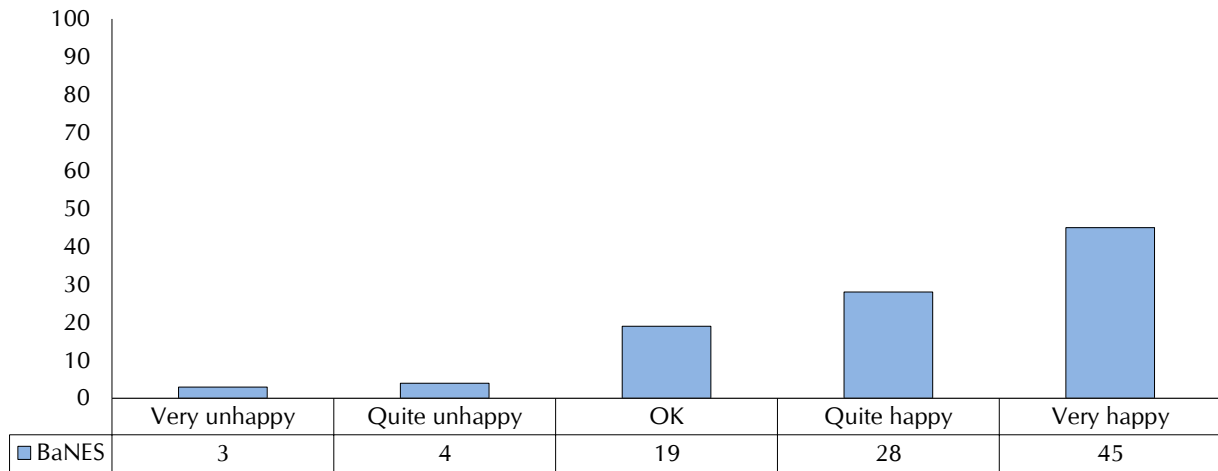
Boys 1

Girls 0

Emotional Health & Well-being

Happiness

Q27. How happy are you with your life at the moment?



8% of boys and 7% of girls responded that they are 'quite' or 'very' unhappy with their life at the moment.

Q27. Percentage answering that they are 'quite' or 'very' unhappy with their life at the moment.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 8 | 9 |
| Girls | 7 | 7 |

72% of boys and 74% of girls responded that they are 'quite' or 'very' happy with their life at the moment.

Q27. Percentage answering that they are 'quite' or 'very' happy with their life at the moment.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 74 | 70 |
| Girls | 74 | 75 |

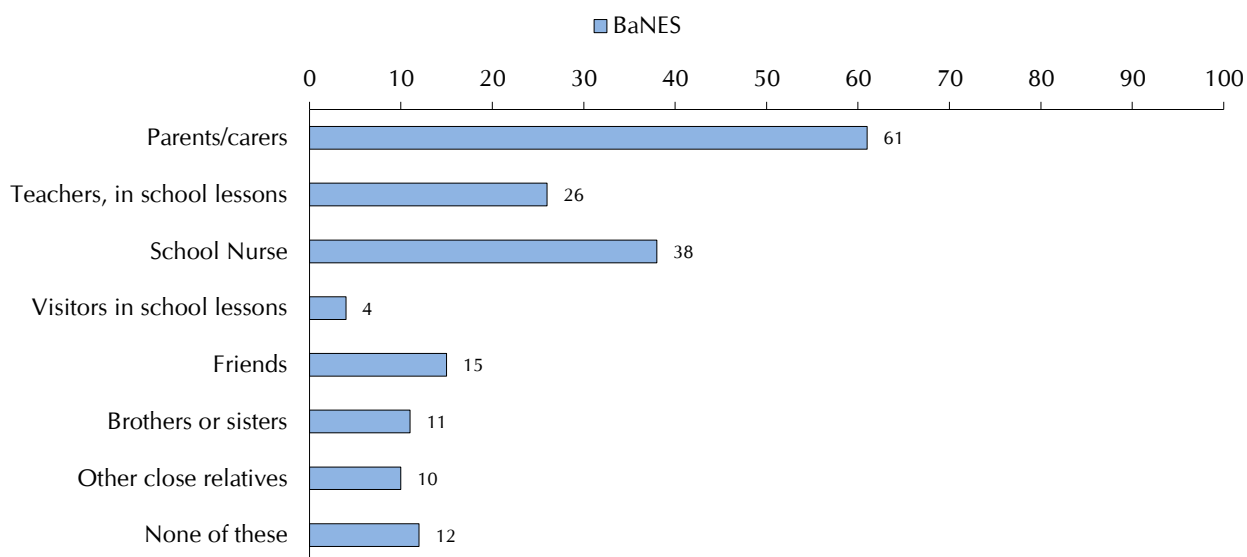
Growing up

61% of pupils responded that their parents have talked with them about how their body changes as they grow up; 26% said their teacher has talked with them in school lessons and 38% said the school nurse has talked with them. 12% said none of the people listed have talked with them.

Q28a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up (top 5):

| Boys | | | Girls | | |
|------|-----------------------------|----|-------|-----------------------------|----|
| 1 | Parents/carers | 55 | 1 | Parents/carers | 67 |
| 2 | School Nurse | 37 | 2 | School Nurse | 38 |
| 3 | Teachers, in school lessons | 26 | 3 | Teachers, in school lessons | 28 |
| 4 | Friends | 12 | 4 | Friends | 18 |
| 5 | Brothers or sisters | 9 | 5 | Brothers or sisters | 13 |

Q28a. Percentage of pupils responding that the following people have talked with them about how their body changes as they grow up:



61% of boys and 59% of girls responded that they feel they know enough about how their body changes as they grow up, while 10% of pupils feel they do not know enough.

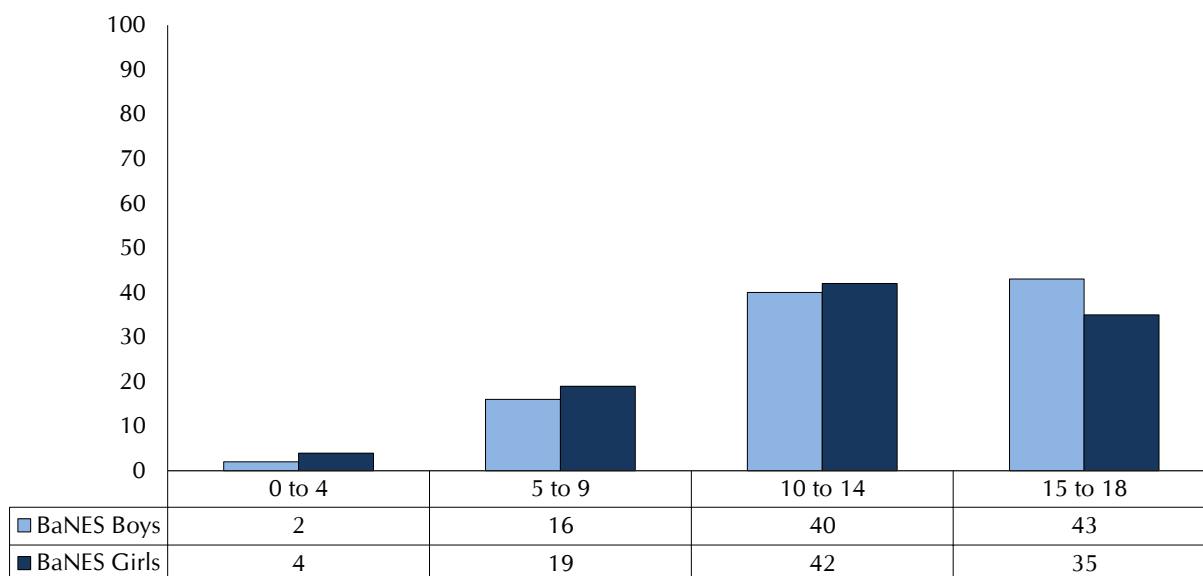
Q28b. Percentage answering that they feel they know enough about how their body changes as they grow up.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 47 | 75 |
| Girls | 44 | 76 |

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends.

Q29. Composite self-esteem score:



Data from the 'Young People in...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

20% of pupils had a med-low self-esteem score (9 or less).

Q29. Percentage with a med-low self-esteem score (9 or less).

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 21 | 14 |
| Girls | 26 | 20 |

39% of pupils had a high self-esteem score (15 or more).

Q29. Percentage with a high self-esteem score (15 or more).

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 37 | 49 |
| Girls | 30 | 39 |

Q29. (Individual self-esteem items) Percentage in each group giving a high esteem response:

| | Year 4 | | Year 6 | | Total |
|-----------------------------------------------------------------------------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Pupils who feel happy talking to other pupils at school | 78 | 78 | 88 | 81 | 81 |
| Pupils who do not want to change lots of things about themselves | 42 | 41 | 47 | 52 | 45 |
| Pupils who do not usually feel uneasy saying things in front of teachers in class | 39 | 36 | 48 | 43 | 42 |
| Pupils who do not often fall out with other pupils at school | 56 | 42 | 59 | 52 | 52 |
| Pupils who do not often feel lonely at school | 69 | 64 | 77 | 72 | 71 |
| Pupils who do not think that other pupils usually say nasty things about them | 53 | 47 | 58 | 51 | 52 |
| Pupils who do not usually feel shy when they want to tell a teacher something | 54 | 42 | 60 | 48 | 51 |
| Pupils who do not often have find new friends | 65 | 54 | 77 | 68 | 66 |
| Pupils who do not usually feel foolish when talking to their parents | 73 | 68 | 80 | 80 | 75 |

N.B.: The following items are reported separately because they do not contribute to the composite self-esteem score.

76% of pupils responded that their parents/carers like to hear their ideas.

Q29. Percentage answering that their parent/carers like to hear their ideas.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| | Boys | 78 |
| Girls | 74 | 76 |

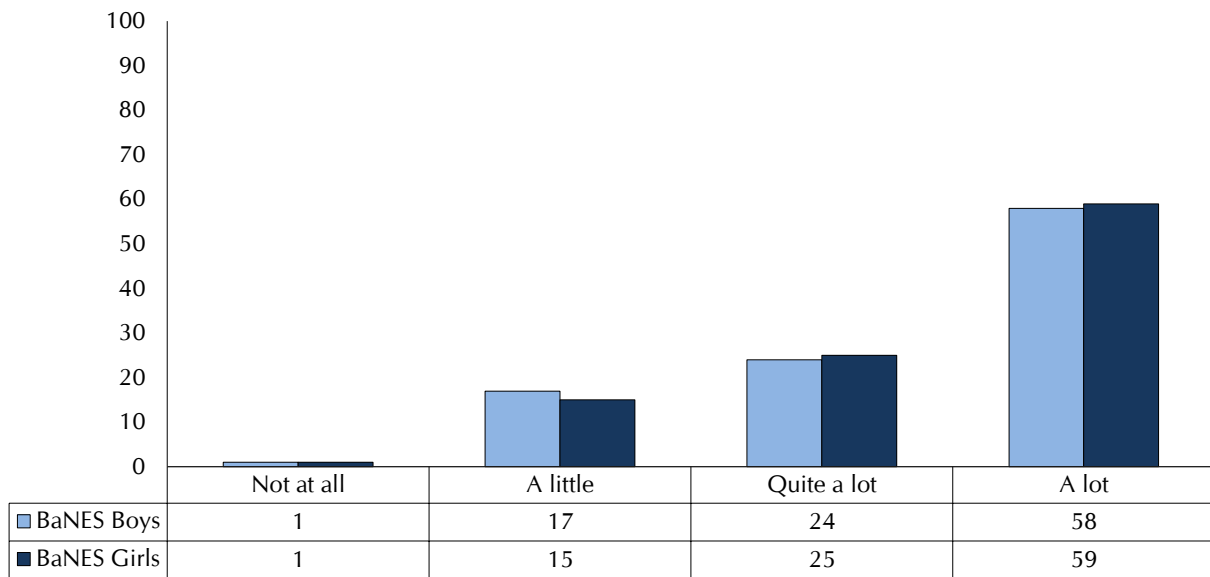
75% of pupils responded that their teachers listen to them at school.

Q29. Percentage answering that their teachers listen to them at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| | Boys | 74 |
| Girls | 79 | 75 |

Worrying

Q31. Percentage of pupils responding that they worry about at least one of the issues listed...:



83% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

Q31. Percentage answering that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

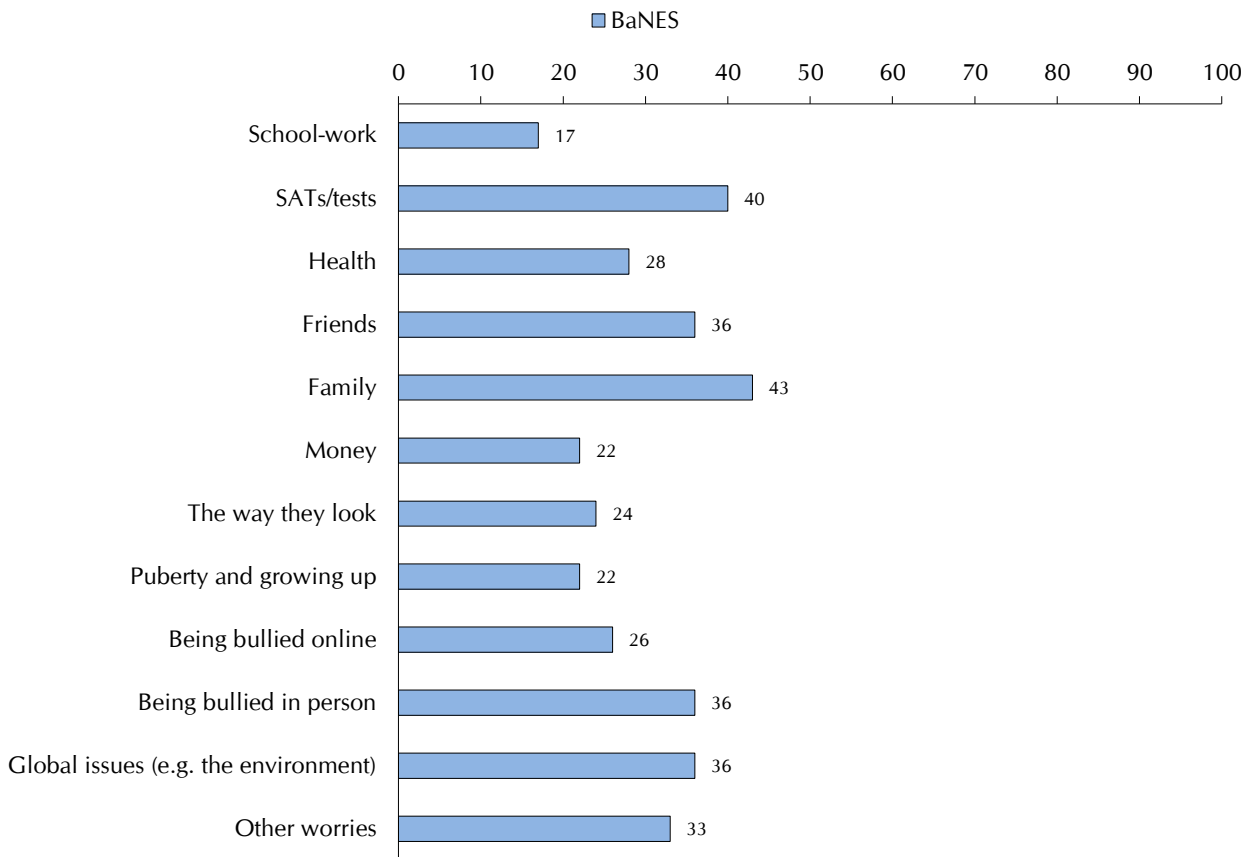
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 85 | 78 |
| Girls | 86 | 83 |

40% of pupils responded that they worry 'quite a lot' or 'a lot' about SATs/tests, while 43% said the same about family.

Q31. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot' (top 10):

| Boys | | | Girls | | |
|------|--------------------------------------|----|-------|--------------------------------------|----|
| 1 | Family | 44 | 1 | SATs/tests | 44 |
| 2 | Global issues (e.g. the environment) | 37 | 2 | Being bullied in person | 41 |
| 3 | SATs/tests | 36 | 3 | Family | 41 |
| 4 | Friends | 34 | 4 | Friends | 38 |
| 5 | Being bullied in person | 32 | 5 | Other worries | 36 |
| 6 | Other worries | 31 | 6 | Global issues (e.g. the environment) | 34 |
| 7 | Health | 28 | 7 | Being bullied online | 30 |
| 8 | Money | 23 | 8 | Health | 27 |
| 9 | The way they look | 22 | 9 | Puberty and growing up | 26 |
| 10 | Being bullied online | 22 | 10 | The way they look | 26 |

Q31. Percentage of pupils responding that they worry about the following 'quite a lot' or 'a lot':



94% of pupils responded that they do have at least one adult they can trust, while 4% said they 'don't know' if they do.

Q30. Percentage answering that they do have at least one adult they can trust.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 89 | 98 |
| Girls | 91 | 97 |

Problem solving

96% of Year 6 pupils responded that they at least 'sometimes' get help from trusted adults when they are struggling/feel bad or stressed/have a problem that worries them and 93% said they get help from friends.

Q32a. Percentage of Year 6 pupils responding that they at least 'sometimes' get help from the following when they are struggling/feel bad or stressed/have a problem that worries them:

| Year 6 Boys | | | Year 6 Girls | | |
|-------------|------------------------|----|--------------|------------------------|----|
| 1 | Trusted adults | 96 | 1 | Trusted adults | 97 |
| 2 | Friends | 92 | 2 | Friends | 95 |
| 3 | The school nurse | 33 | 3 | The school nurse | 35 |
| 4 | Outside agency | 20 | 4 | Outside agency | 21 |
| 5 | Online advice websites | 18 | 5 | Online advice websites | 17 |

75% of Year 6 pupils responded that they at least 'sometimes' deal with things by spending time on the computer/gaming etc. when they are struggling/feel bad or stressed/have a problem that worries them.

Q32b. Percentage of Year 6 pupils responding that they at least 'sometimes' deal with things by doing the following when they are struggling/feel bad or stressed/have a problem that worries them:

| Year 6 Boys | | | Year 6 Girls | | |
|-------------|----------------------------------------------------------------------|----|--------------|----------------------------------------------------------------------|----|
| 1 | Spending time on the computer/ gaming etc. | 88 | 1 | Relaxing | 88 |
| 2 | Relaxing | 88 | 2 | Crying | 83 |
| 3 | Crying | 68 | 3 | Speaking to/confronting the person who is causing you to worry | 65 |
| 4 | Speaking to/confronting the person who is causing you to worry | 65 | 4 | Spending time on the computer/ gaming etc. | 62 |
| 5 | Lashing out in anger (verbally or physically) | 61 | 5 | Lashing out in anger (verbally or physically) | 46 |
| 6 | Hurting themselves in some way | 35 | 6 | Eating more | 33 |
| 7 | Eating more | 35 | 7 | Eating less | 32 |
| 8 | Eating less | 32 | 8 | Hurting themselves in some way | 24 |

75% of Year 6 pupils responded that they at least 'sometimes' keep it to themselves when they are struggling/feel bad or stressed/have a problem that worries them, while 47% said they get into trouble (at home or school).

Q32c. Percentage of Year 6 pupils responding that they at least 'sometimes' do the following when they are struggling/feel bad or stressed/have a problem that worries them:

| Year 6 Boys | | | Year 6 Girls | | |
|-------------|-----------------------------------------|----|--------------|-----------------------------------------|----|
| 1 | Keep it to themselves | 75 | 1 | Keep it to themselves | 75 |
| 2 | Get into trouble (at home or school) | 54 | 2 | Other | 40 |
| 3 | Other | 39 | 3 | Get into trouble (at home or school) | 39 |

In Question 59 pupils were asked to whom they would turn to share a range of problems. The top five sources of support for each of the issues are as follows:

Problem with school

| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | Mum and/or Dad/carer | 60 | 1 | Mum and/or Dad/carer | 57 |
| 2 | Teacher | 22 | 2 | Teacher | 22 |
| 3 | Keep it to myself | 7 | 3 | Friend | 12 |
| 4 | Friend | 7 | 4 | Keep it to myself | 6 |
| 5 | Brother or Sister | 3 | 5 | Brother or Sister | 2 |

Family problem

| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | Mum and/or Dad/carer | 61 | 1 | Mum and/or Dad/carer | 54 |
| 2 | Keep it to myself | 15 | 2 | Friend | 15 |
| 3 | Brother or Sister | 9 | 3 | Keep it to myself | 13 |
| 4 | Friend | 8 | 4 | Brother or Sister | 8 |
| 5 | Teacher | 4 | 5 | Teacher | 6 |

Health problem

| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | Mum and/or Dad/carer | 77 | 1 | Mum and/or Dad/carer | 75 |
| 2 | Keep it to myself | 10 | 2 | School Nurse | 8 |
| 3 | School Nurse | 7 | 3 | Keep it to myself | 8 |
| 4 | Teacher | 2 | 4 | Friend | 3 |
| 5 | Friend | 2 | 5 | Brother or Sister | 2 |

Problem with friends

| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | Mum and/or Dad/carer | 53 | 1 | Mum and/or Dad/carer | 53 |
| 2 | Teacher | 21 | 2 | Teacher | 22 |
| 3 | Keep it to myself | 12 | 3 | Keep it to myself | 9 |
| 4 | Friend | 9 | 4 | Friend | 8 |
| 5 | Brother or Sister | 4 | 5 | Brother or Sister | 6 |

Bullying problem

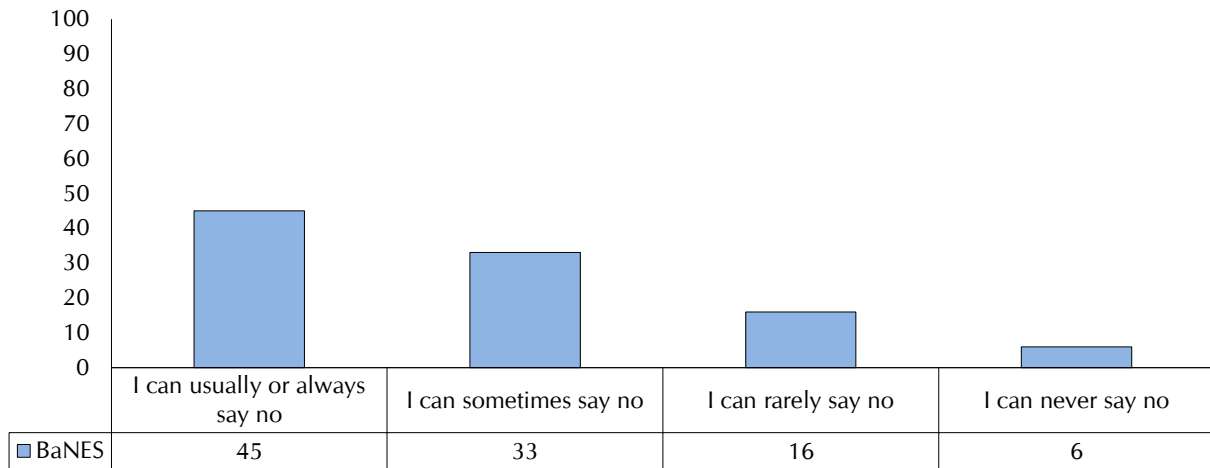
| Boys | | | Girls | | |
|------|----------------------|----|-------|----------------------|----|
| 1 | Mum and/or Dad/carer | 60 | 1 | Mum and/or Dad/carer | 62 |
| 2 | Teacher | 22 | 2 | Teacher | 20 |
| 3 | Keep it to myself | 9 | 3 | Keep it to myself | 9 |
| 4 | Friend | 5 | 4 | Friend | 5 |
| 5 | Brother or Sister | 2 | 5 | Brother or Sister | 3 |

'Keep it to myself' is not necessarily negative. For some pupils it may mean that they feel they can cope without help.

Staying Safe

Peer pressure

Q33. When a friend wants me to do something I don't want to do...



45% of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

Q33. Percentage answering that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 32 | 59 |
| Girls | 30 | 58 |

22% of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Q33. Percentage answering that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 31 | 13 |
| Girls | 34 | 10 |

Injury

31% of pupils responded that they had a serious injury in the last 12 months (e.g. a broken bone, cut or burn that needed to be treated by a doctor or at a hospital).

Q35a. Percentage answering that they had a serious injury in the last 12 months.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 42 | 28 |
| Girls | 29 | 23 |

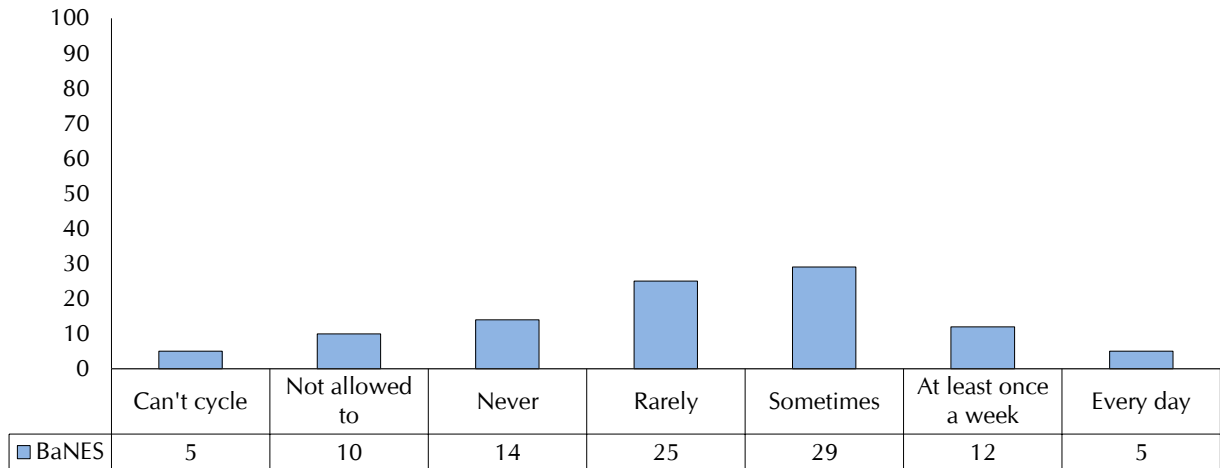
9% of pupils responded that they were at school when they got injured in the 12 months before the survey, while 11% were at home.

Q35b. Percentage of pupils responding that they were at the following when they got injured in the 12 months before the survey:

| Boys | | | Girls | | |
|------|--------------------|----|-------|--------------------|----|
| 1 | At home | 12 | 1 | At home | 10 |
| 2 | At school | 11 | 2 | Other | 7 |
| 3 | In a public place | 7 | 3 | At school | 7 |
| 4 | Other | 6 | 4 | In a public place | 4 |
| 5 | Sports field | 6 | 5 | On a bike | 3 |
| 6 | On a bike | 5 | 6 | Leisure centre/gym | 2 |
| 7 | Leisure centre/gym | 2 | 7 | Sports field | 2 |
| 8 | In a car | 2 | 8 | In a car | 1 |

Cycling safety

Q36. How often do you cycle on the road?



5% of pupils responded that they can't cycle.

Q36. Percentage answering that they can't cycle.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 5 | 4 |
| Girls | 6 | 4 |

24% of pupils responded that they are either not allowed to cycle on the road, or 'never' cycle on the road, while 25% said they 'rarely' do.

Q36. Percentage answering that they are either not allowed to cycle on the road, or 'never' cycle on the road.

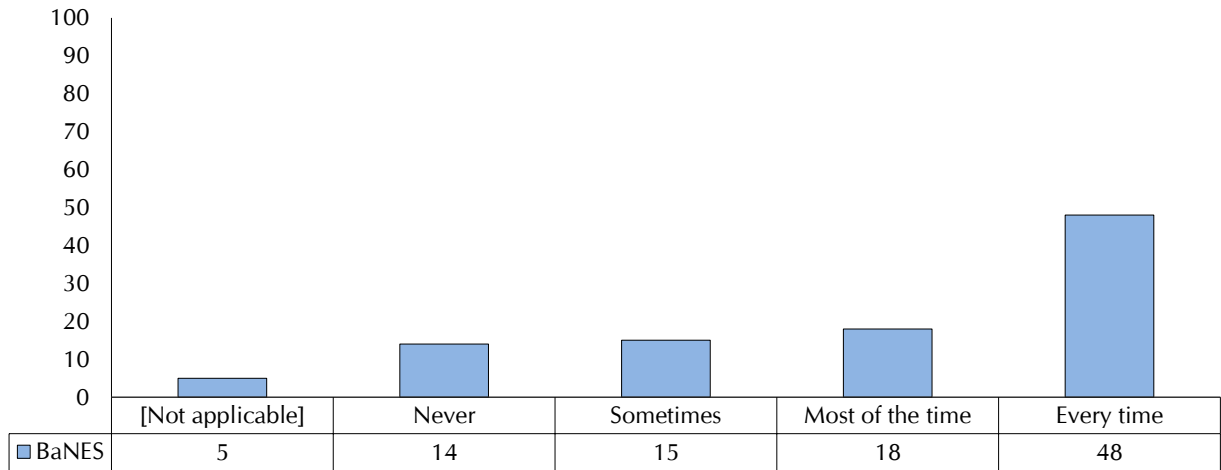
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 20 | 20 |
| Girls | 31 | 25 |

17% of pupils responded that they cycle on the road 'at least once a week' or 'every day'.

Q36. Percentage answering that they cycle on the road 'at least once a week' or 'every day'.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 22 | 21 |
| Girls | 14 | 11 |

Q37a. When you cycle, do you wear a safety helmet?



14% of pupils responded that they 'never' wear a safety helmet when they cycle, while 15% said they do so 'sometimes'.

Q37a. Percentage answering that they 'never' wear a safety helmet when they cycle.

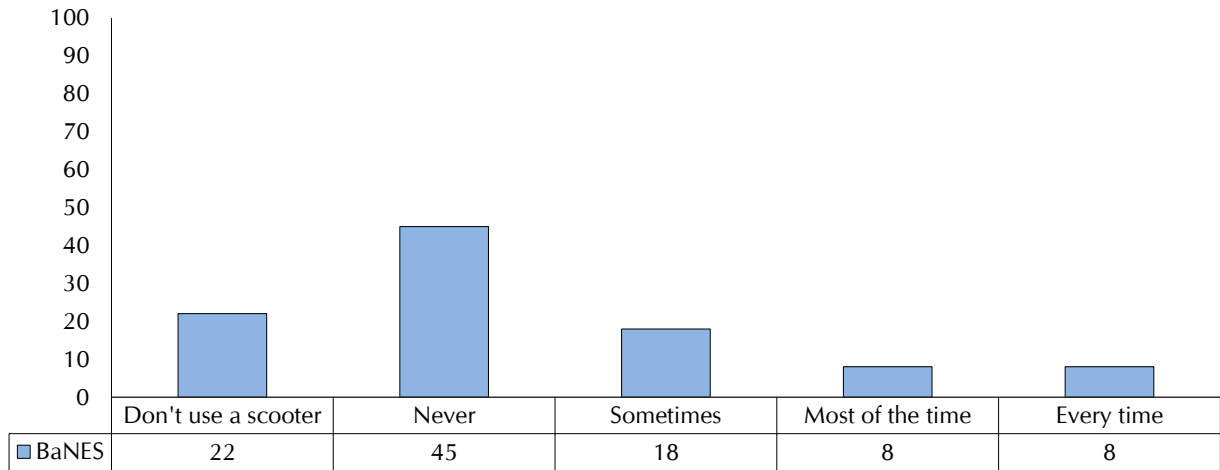
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 14 | 15 |
| Girls | 13 | 14 |

66% of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they cycle.

Q37a. Percentage answering that they wear a safety helmet 'most of the time' or 'every time' they cycle.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 64 | 65 |
| Girls | 67 | 68 |

Q37b. When you use a scooter, do you wear a safety helmet?



22% of pupils responded that they don't use a scooter.

Q37b. Percentage answering that they don't use a scooter.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 16 | 25 |
| Girls | 17 | 30 |

45% of pupils responded that they 'never' wear a safety helmet when they use a scooter, while 18% said they do so 'sometimes'.

Q37b. Percentage answering that they 'never' wear a safety helmet when they use a scooter.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 49 | 41 |
| Girls | 49 | 40 |

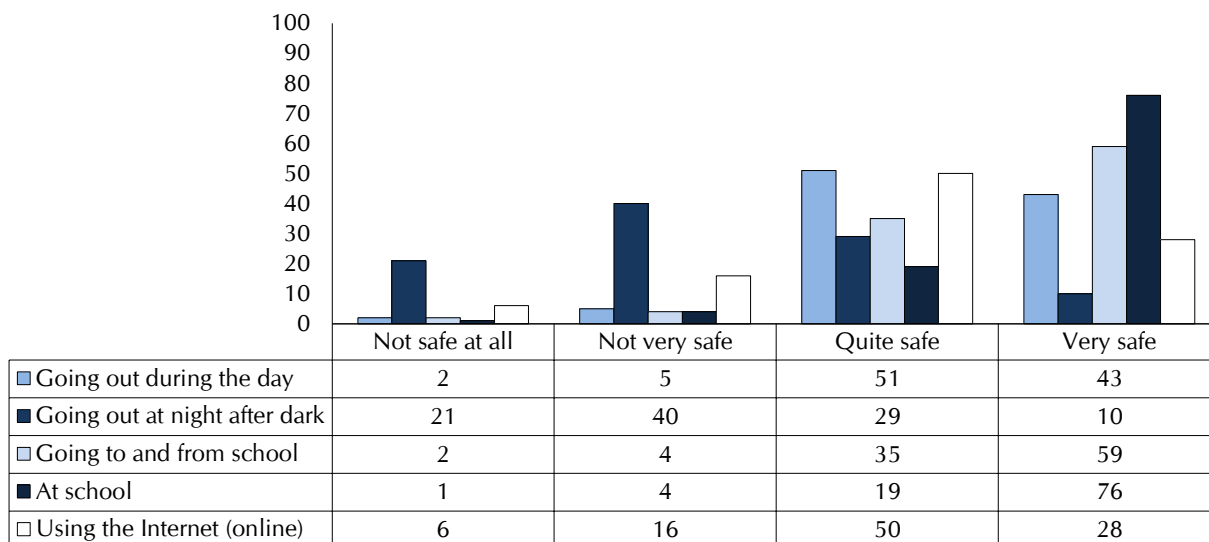
16% of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they use a scooter.

Q37b. Percentage answering that they wear a safety helmet 'most of the time' or 'every time' they use a scooter.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 17 | 18 |
| Girls | 15 | 12 |

Local area

Q42. How safe do you feel when you are...?



N.B. Chart shows data for BaNES Primary only.

95% of pupils rated their safety at school as 'quite' or 'very' safe; 39% said the same of going out at night after dark.

Q42. Percentage of pupils rating their safety as 'quite' or 'very' safe in the following circumstances:

| | Year 4 | | Year 6 | | Total |
|-------------------------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Going out during the day | 93 | 94 | 95 | 94 | 94 |
| Going out at night after dark | 46 | 37 | 44 | 31 | 39 |
| Going to and from school | 91 | 92 | 96 | 95 | 93 |
| At school | 93 | 96 | 94 | 97 | 95 |
| Using the Internet (online) | 76 | 67 | 89 | 81 | 78 |

61% of pupils rated their safety when going out at night after dark as 'not safe at all' or 'not very safe'; 5% said the same of being at school.

Q42. Percentage of pupils rating their safety as 'not safe at all' or 'not very safe' in the following circumstances:

| | Year 4 | | Year 6 | | Total |
|-------------------------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| Going out during the day | 7 | 6 | 5 | 6 | 6 |
| Going out at night after dark | 54 | 63 | 56 | 69 | 61 |
| Going to and from school | 8 | 8 | 4 | 5 | 6 |
| At school | 6 | 4 | 6 | 3 | 5 |
| Using the Internet (online) | 23 | 32 | 11 | 19 | 21 |

Internet safety

54% of boys and 18% of girls responded that they access the internet on a games console.

Q43. Percentage of pupils responding that they access the internet on the following devices:

| | Year 4 | Year 6 | Total |
|----------------------------|--------|--------|-------|
| Home computer or laptop | 54 | 68 | 61 |
| School computer or laptop | 36 | 41 | 39 |
| Personal tablet | 50 | 60 | 55 |
| School tablet | 14 | 18 | 16 |
| Mobile phone or smartphone | 29 | 67 | 48 |
| eBook | 2 | 3 | 3 |
| Games console | 30 | 42 | 36 |
| Other | 15 | 14 | 14 |

61% of pupils responded that they access the internet on a computer or laptop at home.

Q43. Percentage answering that they access the internet on a computer or laptop at home.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 52 | 71 |
| Girls | 56 | 66 |

39% of pupils responded that they access the internet on a computer or laptop at school.

Q43. Percentage answering that they access the internet on a computer or laptop at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 32 | 42 |
| Girls | 40 | 41 |

55% of pupils responded that they access the internet on a personal tablet.

Q43. Percentage answering that they access the internet on a personal tablet.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 50 | 63 |
| Girls | 51 | 57 |

48% of pupils responded that they access the internet on a mobile phone or smartphone.

Q43. Percentage answering that they access the internet on a mobile phone or smartphone.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 26 | 65 |
| Girls | 31 | 70 |

66% of pupils responded that they use the internet for entertainment; 36% said they use it for chatting and 46% said they use it for school work.

Q44. Percentage of pupils responding that they use the internet for the following:

| | Year 4 | Year 6 | Total |
|-----------------------------------------------------|--------|--------|-------|
| Looking at web pages about hobbies and interests | 25 | 38 | 31 |
| Chatting (e.g. Skype, Snapchat, WhatsApp) | 21 | 51 | 36 |
| Looking at web pages for help and advice | 13 | 14 | 14 |
| Entertainment (e.g. iPlayer, Netflix, YouTube etc.) | 54 | 78 | 66 |
| School work | 44 | 48 | 46 |
| Social media (e.g. Twitter, Facebook, Instagram) | 7 | 30 | 18 |
| Updating their blog/webpage | 4 | 5 | 4 |
| Playing games on their own | 58 | 66 | 62 |
| Playing games with other people over the Internet | 31 | 40 | 36 |
| Other | 17 | 12 | 14 |

29% of Year 6 pupils responded that they have seen images, videos or content online that upset them.

Q45. Percentage of Year 6 pupils answering that they have seen images, videos or content online that upset them.

BaNES

| | Yr 6 |
|-------|------|
| Boys | 28 |
| Girls | 30 |

18% of Year 6 pupils responded that they have seen images, videos or content online that were for adults-only.

Q46a. Percentage of Year 6 pupils answering that they have seen images, videos or content online that were for adults-only.

BaNES

| | Yr 6 |
|-------|------|
| Boys | 21 |
| Girls | 14 |

7% of Year 6 pupils responded that they have searched online for content meant for adults only.

Q46b. Percentage of Year 6 pupils answering that they have searched online for content meant for adults only.

BaNES

| | Yr 6 |
|-------|------|
| Boys | 9 |
| Girls | 5 |

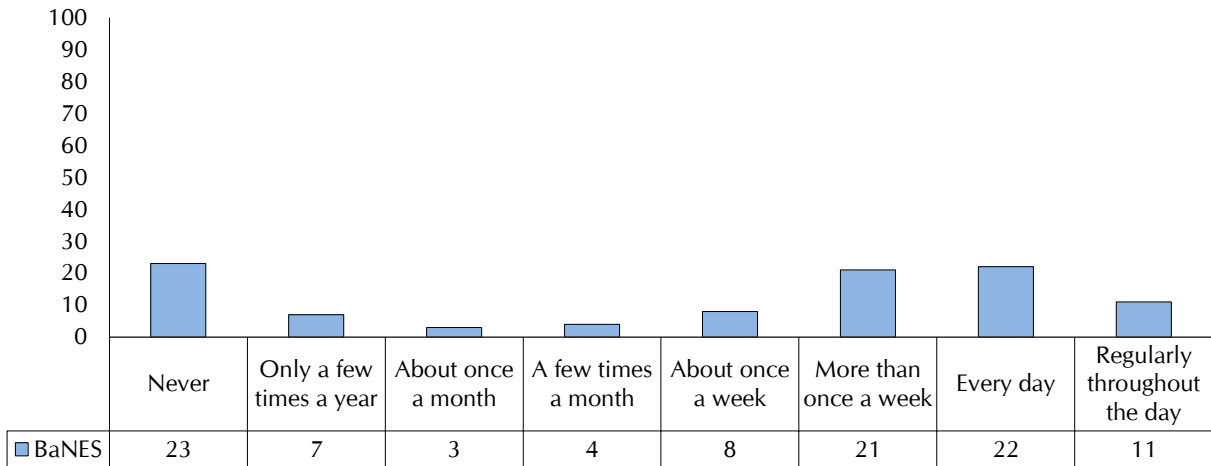
15% of Year 6 pupils responded that they have searched online for very violent images, films or games.

Q46c. Percentage of Year 6 pupils answering that they have searched online for very violent images, films or games.

BaNES

| | Yr 6 |
|-------|------|
| Boys | 25 |
| Girls | 6 |

Q47a. Year 6 only: How often do you use internet chat rooms, online gaming or social networking sites (e.g. Facebook, Twitter, Instagram, WhatsApp)?



23% of Year 6 pupils responded that they 'never' use internet chat rooms, online gaming or social networking sites, while 7% said they do so 'only a few times a year'.

Q47a. Percentage of Year 6 pupils answering that they 'never' use internet chat rooms, online gaming or social networking sites.

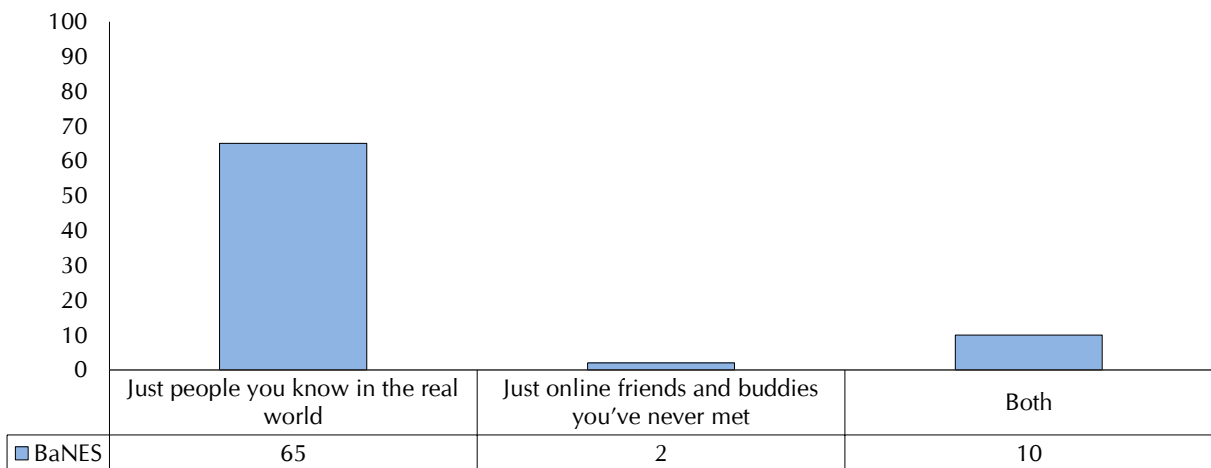
| | |
|-------|----|
| BaNES | |
| Yr 6 | |
| Boys | 23 |
| Girls | 24 |

62% of Year 6 pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week', while 33% said that they use them at least 'every day'.

Q47a. Percentage of Year 6 pupils answering that they use internet chat rooms, online gaming or social networking sites at least 'about once a week'.

| | |
|-------|----|
| BaNES | |
| Yr 6 | |
| Boys | 63 |
| Girls | 61 |

Q47b. Year 6 only: Who did you contact in these sessions?



92% of pupils responded that they know how to stay safe online.

Q48a. Percentage answering that they know how to stay safe online.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 88 | 97 |
| Girls | 87 | 97 |

78% of pupils responded that they got e-safety information from school, while 55% said they got it from a parent or carer.

Q48b. Percentage of pupils responding that they got their e-safety information from the following:

| | Year 4 | | Year 6 | | Total |
|-----------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| School | 66 | 71 | 87 | 90 | 78 |
| Parent or carer | 44 | 55 | 56 | 64 | 55 |
| Friends | 9 | 9 | 15 | 19 | 13 |
| Advice online | 7 | 4 | 10 | 6 | 7 |
| Other | 8 | 7 | 7 | 8 | 7 |

12% of Year 6 pupils responded that they have received a chat message online or by text which scared them or made them upset.

Q49a. Percentage of Year 6 pupils responding that they have received the following either online or by text:

| | Year 6 | | Total |
|-----------------------------------------------------------------------|--------|-------|-------|
| | Boys | Girls | |
| A chat message that scared or upset them | 9 | 15 | 12 |
| An image of someone that they felt was inappropriate | 7 | 4 | 5 |
| An image of themselves that they have been embarrassed or upset about | 5 | 6 | 5 |
| None of these | 82 | 79 | 81 |

10% of Year 6 pupils responded that they have received one of the items listed in Q49a and deleted it.

Q49b. Percentage of Year 6 pupils responding that they did the following after receiving one of the items listed in Q49a:

| | Year 6 | | Total |
|---------------------------------------------------------------------|--------|-------|-------|
| | Boys | Girls | |
| Deleted it | 11 | 9 | 10 |
| Sent it to someone else | 1 | 1 | 1 |
| Informed a responsible adult | 8 | 13 | 10 |
| Informed the person the message was about or who was in the picture | 2 | 3 | 2 |
| Other | 3 | 4 | 3 |

8% of Year 6 pupils responded that they have texted or sent images of themselves that they later regretted.

Q50. Percentage answering that they have texted or sent images of themselves that they later regretted.

| | BaNES | |
|-------|-------|--|
| | Yr 6 | |
| Boys | 9 | |
| Girls | 7 | |

Bullying

32% of pupils responded that they have felt afraid of going to school because of bullying.

Q54. Percentage answering that they have felt afraid of going to school because of bullying.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 31 | 23 |
| Girls | 38 | 38 |

27% of pupils responded that they were bullied at school in the 12 months before the survey.

Q55. In the last 12 months have you been bullied...?

| | Year 4 | | Year 6 | | Total |
|------------------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| At school | 31 | 31 | 19 | 27 | 27 |
| Near school | 15 | 11 | 7 | 5 | 10 |
| Online or mobile phone | 9 | 8 | 8 | 7 | 8 |
| On school transport | 5 | 6 | 3 | 3 | 4 |

7% of pupils responded that they bullied someone at school in the 12 months before the survey.

Q56. In the last 12 months have you bullied anyone...?

| | Year 4 | | Year 6 | | Total |
|------------------------|--------|-------|--------|-------|-------|
| | Boys | Girls | Boys | Girls | |
| At school | 12 | 8 | 4 | 3 | 7 |
| Near school | 5 | 4 | 2 | 1 | 3 |
| Online or mobile phone | 4 | 3 | 2 | 1 | 3 |
| On school transport | 3 | 2 | 0 | 1 | 2 |

Q57. Year 4 & 5 only: Percentage of pupils responding that they have been picked on or bullied for the following (top 10):

| Year 4 Boys | | | Year 4 Girls | | |
|-------------|-------------------------------|----|--------------|-------------------------------|----|
| 1 | Don't know | 21 | 1 | Don't know | 21 |
| 2 | Other | 14 | 2 | Other | 16 |
| 3 | The way they look | 11 | 3 | The way they look | 15 |
| 4 | Their size or weight | 8 | 4 | Their interests and hobbies | 9 |
| 5 | Their interests and hobbies | 8 | 5 | Their family | 7 |
| 6 | A learning difficulty | 6 | 6 | Their size or weight | 7 |
| 7 | Their family | 5 | 7 | Their race | 5 |
| 8 | Because they do well in tests | 5 | 8 | Because they do well in tests | 5 |
| 9 | Their race | 4 | 9 | A learning difficulty | 4 |
| 10 | Their religion | 3 | 10 | A disability | 2 |

Q57. Year 6 only: Percentage of pupils responding that they have been picked on or bullied for the following (top 10):

| Year 6 Boys | | | Year 6 Girls | | |
|-------------|-------------------------------------------------------------|----|--------------|-------------------------------------------------------------|----|
| 1 | Don't know | 15 | 1 | Don't know | 26 |
| 2 | The way they look | 15 | 2 | The way they look | 18 |
| 3 | Their size or weight | 15 | 3 | Other | 16 |
| 4 | Other | 13 | 4 | Their size or weight | 14 |
| 5 | Their interests and hobbies | 9 | 5 | Their interests and hobbies | 11 |
| 6 | People think they are gay, lesbian, bisexual or transgender | 8 | 6 | Their family | 7 |
| 7 | Their family | 7 | 7 | Because they do well in tests | 6 |
| 8 | Because they do well in tests | 5 | 8 | People think they are gay, lesbian, bisexual or transgender | 5 |
| 9 | A learning difficulty | 3 | 9 | Being a boy or a girl | 4 |
| 10 | Their race | 2 | 10 | A learning difficulty | 3 |

72% of pupils responded that they think their school takes bullying seriously, while 10% said that it doesn't and 18% said they 'don't know' if it does.

Q58. Percentage answering that they think their school takes bullying seriously.

| BaNES | | |
|-------|------|------|
| | Yr 4 | Yr 6 |
| Boys | 72 | 72 |
| Girls | 74 | 68 |

Enjoying & Achieving

School lessons

90% of Year 6 pupils responded that their school has taught them about internet safety 'fairly' or 'very' well; 67% said the same of citizenship.

Q34. Percentage of Year 6 pupils responding that they think their school has taught them about the following topics 'fairly' or 'very' well

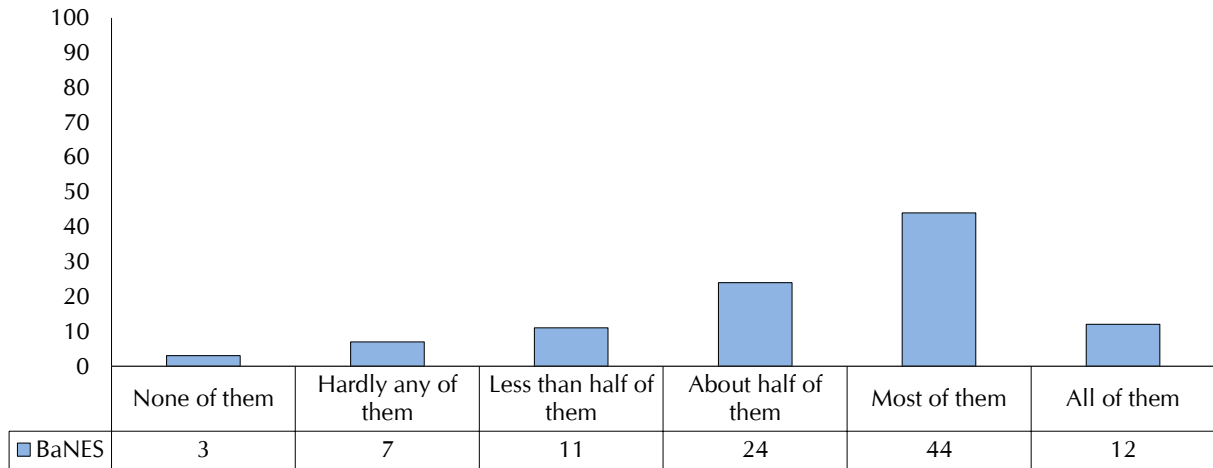
| | Year 6 | | Total |
|------------------------------------------|--------|-------|-------|
| | Boys | Girls | |
| Managing money | 64 | 63 | 63 |
| Citizenship | 68 | 67 | 67 |
| Drugs, alcohol and smoking | 72 | 72 | 72 |
| Mental health and wellbeing | 74 | 78 | 76 |
| Healthy eating | 87 | 92 | 90 |
| Physical activity | 87 | 91 | 89 |
| Healthy relationships | 75 | 75 | 75 |
| Puberty and growing up | 83 | 86 | 84 |
| Human reproduction (how babies are made) | 74 | 76 | 75 |
| Bullying | 79 | 83 | 81 |
| Internet safety | 90 | 91 | 90 |
| Personal safety | 86 | 89 | 87 |
| Celebrating differences | 74 | 75 | 74 |

7% of Year 6 pupils responded that their school has taught them about managing money 'not at all well'; 2% said the same of healthy eating.

Q34. Percentage of Year 6 pupils responding that they think their school has taught them about the following topics 'not at all well'

| | Year 6 | | Total |
|------------------------------------------|--------|-------|-------|
| | Boys | Girls | |
| Managing money | 7 | 8 | 7 |
| Citizenship | 5 | 3 | 4 |
| Drugs, alcohol and smoking | 9 | 7 | 8 |
| Mental health and wellbeing | 5 | 4 | 4 |
| Healthy eating | 2 | 1 | 2 |
| Physical activity | 3 | 1 | 2 |
| Healthy relationships | 4 | 5 | 4 |
| Puberty and growing up | 2 | 2 | 2 |
| Human reproduction (how babies are made) | 4 | 4 | 4 |
| Bullying | 7 | 4 | 6 |
| Internet safety | 2 | 1 | 1 |
| Personal safety | 3 | 2 | 2 |
| Celebrating differences | 6 | 3 | 4 |

Q51. How many lessons do you enjoy at school?



9% of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school.

Q51. Percentage answering that they enjoy 'none' or 'hardly any' of their lessons at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 11 | 15 |
| Girls | 6 | 5 |

56% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q51. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 52 | 48 |
| Girls | 63 | 62 |

Views & opinions

57% of pupils responded that they feel their achievements are recognised at school, while 10% feel they are not recognised.

Q52a. Percentage answering that they feel their achievements are recognised at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 55 | 58 |
| Girls | 54 | 61 |

63% of pupils responded that they feel their achievements are recognised outside school, while 8% feel they are not recognised.

Q52b. Percentage answering that they feel their achievements are recognised outside school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 62 | 67 |
| Girls | 57 | 66 |

38% of pupils responded that they feel their views and opinions make a difference to decisions at school, while 16% feel they do not make a difference.

Q53a. Percentage answering that they feel their views and opinions make a difference at school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 37 | 39 |
| Girls | 36 | 40 |

42% of pupils responded that they feel their views and opinions make a difference to decisions outside school, while 13% feel they do not make a difference.

Q53b. Percentage answering that they feel their views and opinions make a difference outside school.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 39 | 46 |
| Girls | 38 | 46 |

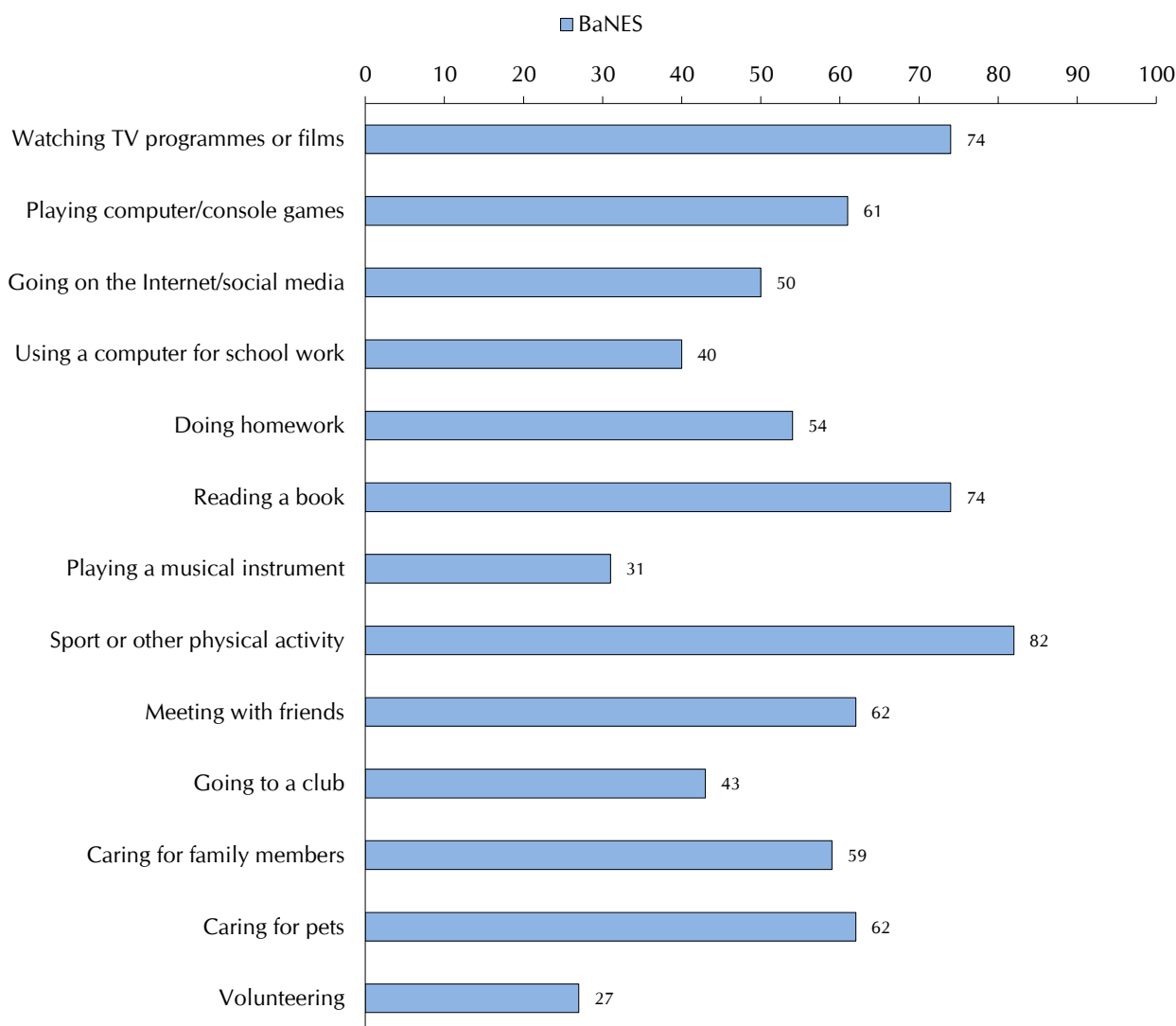
Leisure time

74% of pupils responded that they spent time watching TV programmes or films before or after school on the day before the survey, while 54% did homework and 62% played with friends.

Q60. Percentage of pupils responding that they spent time doing the following before or after school on the day before the survey (top 10):

| Boys | | | Girls | | |
|------|------------------------------------------------------------|----|-------|------------------------------------------------------------|----|
| 1 | Sport or other physical activity | 81 | 1 | Sport or other physical activity | 83 |
| 2 | Playing computer games (e.g. PC/tablet, PlayStation, Xbox) | 75 | 2 | Reading a book | 76 |
| 3 | Watching TV programmes or films | 75 | 3 | Watching TV programmes or films | 74 |
| 4 | Reading a book | 71 | 4 | Caring for pets | 66 |
| 5 | Meeting with friends | 64 | 5 | Meeting with friends | 59 |
| 6 | Caring for family members | 61 | 6 | Caring for family members | 57 |
| 7 | Caring for pets | 59 | 7 | Doing homework | 56 |
| 8 | Doing homework | 53 | 8 | Going on the Internet/social media | 50 |
| 9 | Going on the Internet/social media | 50 | 9 | Playing computer games (e.g. PC/tablet, PlayStation, Xbox) | 46 |
| 10 | Going to a club | 44 | 10 | Going to a club | 42 |

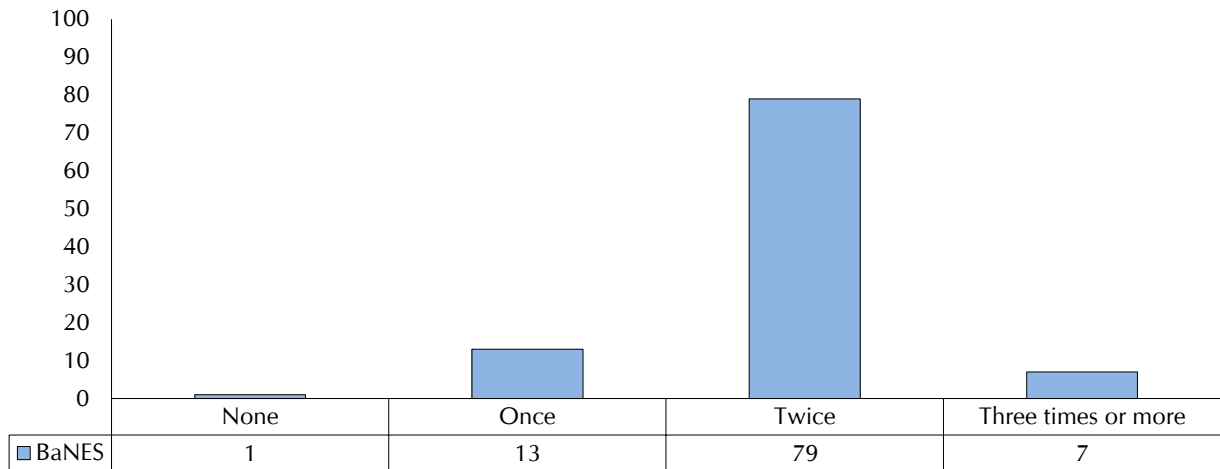
Q60. Which of the following did you spend time doing after school yesterday?



Health & Hygiene

Dental care

Q38. How many times did you clean your teeth yesterday?



1% of pupils responded that they did not clean their teeth at all on the day before the survey.

Q38. Percentage answering that they did not clean their teeth at all yesterday.

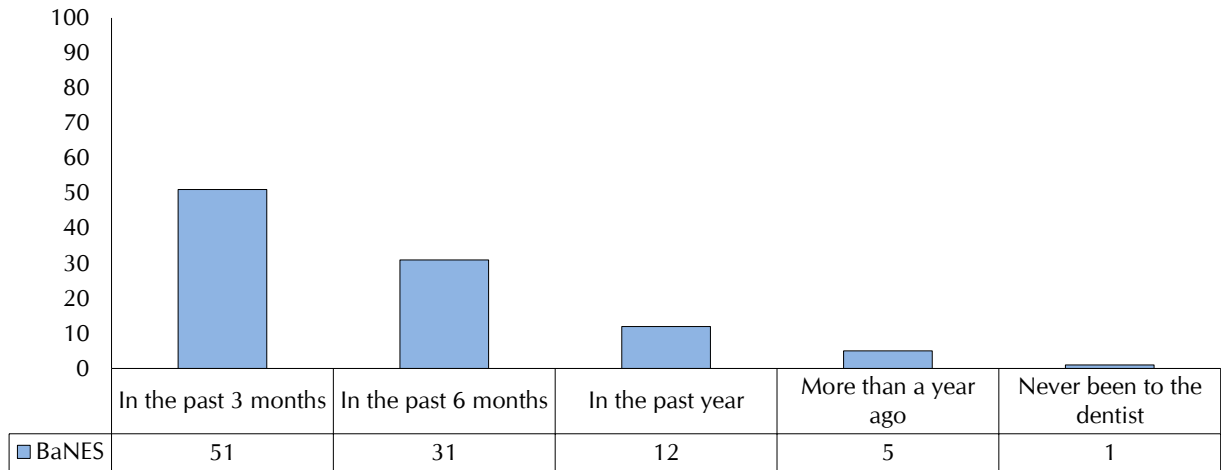
| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 2 | 2 |
| Girls | 1 | 1 |

86% of pupils responded that they cleaned their teeth at least twice on the day before the survey.

Q38. Percentage answering that they cleaned their teeth at least twice yesterday.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 87 | 82 |
| Girls | 90 | 86 |

Q39. How long ago did you last visit the dentist?



82% of pupils responded that they visited the dentist in the last 6 months; 51% of these said they went in the past 3 months.

Q39. Percentage answering that they visited the dentist in the last 6 months.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 80 | 83 |
| Girls | 80 | 86 |

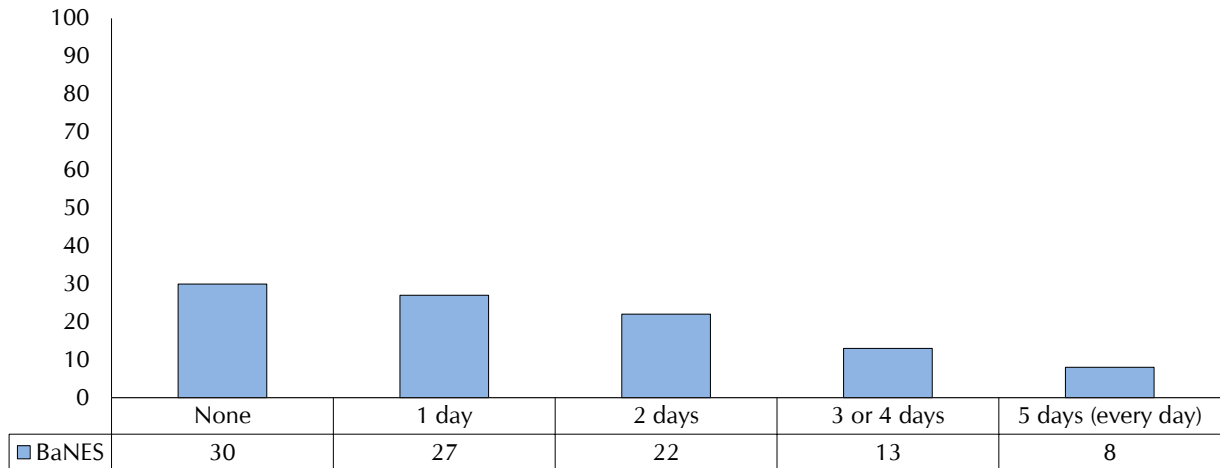
5% of pupils responded that they last visited the dentist more than a year ago, while 1% said they have never been to the dentist.

Q39. Percentage answering that they either last visited the dentist more than a year ago, or have never been.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 6 | 7 |
| Girls | 6 | 4 |

Sleeping patterns

Q40. How many days last week did you find it hard to concentrate at school because you felt tired or sleepy?



30% of pupils responded that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.

Q40. Percentage answering that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 30 | 33 |
| Girls | 26 | 33 |

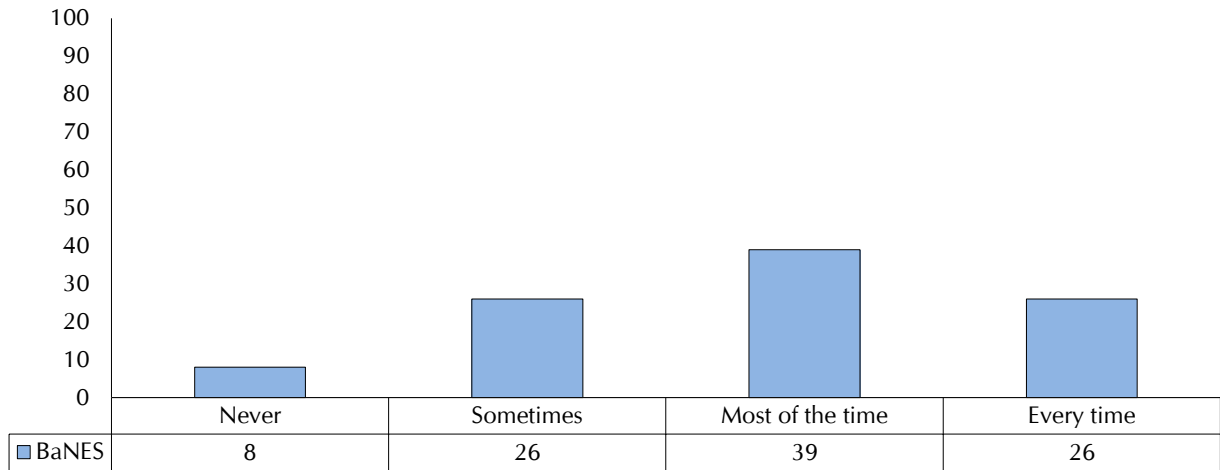
21% of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

Q40. Percentage answering that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 26 | 19 |
| Girls | 24 | 14 |

Sun care

Q41. When it is sunny, how often do you do something to avoid sunburn?



8% of pupils responded that they 'never' do anything to avoid sunburn when it is sunny.

Q41. Percentage answering that they 'never' try anything to avoid sunburn.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 12 | 10 |
| Girls | 5 | 5 |

65% of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.

Q41. Percentage answering that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.

| | BaNES | |
|-------|-------|------|
| | Yr 4 | Yr 6 |
| Boys | 61 | 59 |
| Girls | 74 | 67 |

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|------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
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**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and the Healthy Schools Standard**
- ... Free resources about young people's health-related behaviour: www.sheu.org.uk/node/366**

We may also be able to introduce you to health and education contacts, with money and resources, within your local community