

BaNES Headlines

	BaNES	
	Yr 8	Yr 10
Boys	774	698
Girls	838	738

Data from *Young People into 2015* is shown in [square brackets] for Years 8 & 10.

Personal Background

ETHNICITY

89% [80%] of pupils described themselves as White British.

FAMILY

65% [62%] of pupils responded that they live with their Mum and Dad together.

16% [17%] of pupils responded that they live 'mainly or only' with their Mum, while 2% said they live 'mainly or only' with their Dad.

LONG-STANDING ILLNESS & SPECIAL NEEDS

9% of pupils responded that they have a long-standing illness, disability or special needs, while 11% said they 'don't know' if they do.

2% of pupils responded that they have special needs, but their school does not support them, while 2% said they are only 'partly' supported.

3% of pupils responded that they have special needs and they are supported at school.

YOUNG CARERS

6% of pupils responded that they are a 'young carer', while 9% said they are 'not sure' if they are and 2% said they prefer not to say.

Being Healthy: Healthy Eating

WEIGHT

6% of pupils responded that they feel they are 'underweight'.

70% of pupils responded that they feel their weight is 'about right'.

14% of pupils responded that they feel they are 'overweight', while 10% said they would prefer not to say.

8% [8%] of pupils responded that they would like to put on weight.

47% [44%] of pupils responded that they would like to lose weight.

45% [48%] of pupils responded that they are happy with their weight as it is.

LUNCH

33% [48%] of pupils responded that they ate a school lunch on the day before the survey, while 2% [4%] said they ate lunch from a takeaway or shop.

12% [12%] of pupils responded that they didn't have any lunch on the day before the survey.

FREE SCHOOL MEALS

7% of pupils responded that they currently have free school meals, or vouchers for free meals, while 1% said they could have them if they wanted to and

10% don't have them now, but have done in the past 6 years.

BREAKFAST

17% [11%] of pupils responded that they didn't have anything to eat or drink before lessons on the day of the survey.

WATER

9% [10%] of pupils responded that they didn't drink any water on the day before the survey.

28% [32%] of pupils responded that they drank at least 'about 1 litre' of water on the day before the survey, while 8% said they 'don't know' how much water they drank.

FOODS

65% [43%] of pupils responded that they eat vegetables 'on most days'; 51% [40%] said the same of fresh fruit.

70% of pupils responded that they 'rarely or never' drink high energy drinks (e.g. Red Bull or Monster).

5-A-DAY

7% [11%] of pupils responded that they didn't have any portions of fruit or vegetables to eat on the day before the survey.

26% [20%] of pupils responded that they had at least 5 portions of fruit and vegetables to eat on the day before the survey.

Being Healthy: Physical Activity

ACTIVE TRAVEL

33% [26%] of pupils responded that they travelled to school by car or van on the day of the survey.

35% [44%] of pupils responded that they walked to school on the day of the survey.

HARD EXERCISE

3% of pupils responded that they weren't active for at least 60 minutes on any day in the week before the survey.

79% of pupils responded that they were active for at least 60 minutes on three or more days in the week before the survey.

6% of pupils responded that they didn't exercise enough to breathe harder and faster at all in the week before the survey.

64% [58%] of pupils responded that they exercised enough to breathe harder on at least three days in the week before the survey.

ENJOY EXERCISE

5% [6%] of pupils responded that they don't enjoy physical activities 'at all'.

72% [70%] of pupils responded that they enjoy physical activities 'quite a lot' or 'a lot'.

Smoking, Drinking & Drugs

SMOKING

- 19% [21%] of pupils responded that they have tried smoking in the past or smoke now.
- 4% of pupils responded that they usually smoke at least one cigarette a week.
- 13% of pupils responded that they have been offered cheap or foreign cigarettes or tobacco.
- 20% of pupils responded that people regularly smoke cigarettes around them (e.g. at home or in a car), while 6% said they are 'not sure' if people do and 4% said they prefer not to say.
- 20% of pupils responded that they have used an electronic cigarette at least once; 9% said they have done so more than once.

DRINKING

- 45% of pupils responded that they have had a proper alcoholic drink (not just a sip and not low-alcohol).
- 20% of pupils responded that they usually have an alcoholic drink 'only a few times a year', while 3% said they have drunk alcohol, but 'never drink alcohol now'.
- 7% of pupils responded that they usually have an alcoholic drink at least 'about once a week'; 2% said they do so 'more than once a week'.
- 13% [19%] of pupils responded that they had an alcoholic drink in the 7 days before the survey.
- 0% of pupils drank over the advised weekly limit for adult females of 14 units.
- 9% of pupils responded that they drank lager, beer or cider in the week before the survey and 5% said they drank spirits or liqueurs.
- 6% of pupils responded that they got alcohol from a parent or carer in the 7 days before the survey; 3% said they got it from friends.
- 6% [14%] of pupils responded that they drank alcohol at home in the 7 days before the survey; 5% [9%] said they drank it at a friend's or relative's home.
- 2% of pupils responded that they drink alcohol, but do not drink alcohol at home.
- 10% of pupils responded that they drink alcohol at home and their parents/carers 'always' know, while 3% said they 'usually' know.
- Of the 360 pupils who drink alcohol at home, 60% said that their parents/carers 'always' know.
- 3% [6%] of pupils responded that their parents/carers 'never' or only 'sometimes' know when they drink alcohol at home.
- 23% of pupils responded that they have been drunk before.
- 9% of pupils responded that they have been drunk in the last 4 weeks.

DRUGS

- 34% [34%] of pupils responded that they know someone who uses illegal drugs or legal highs, while 12% [16%] said they 'don't know' if they do.
- 17% [16%] of pupils responded that they have been offered cannabis.
- 15% of pupils responded that they have been offered other illegal drugs or legal highs.

9% of pupils responded that they have taken illegal drugs or legal highs, while 3% said they 'don't know' if they have.

Of the 270 pupils who have taken illegal drugs or legal highs, they were on average 13 years old when they first tried them.

3% [2%] of pupils responded that they have taken more than one type of illegal drug or legal high on the same occasion; 1% [1%] said they 'don't know' if they have.

6% [4%] of pupils responded that they have taken an illegal drug or legal high and alcohol on the same occasion; 0% [1%] said they 'don't know' if they have.

2% of pupils responded that they have taken at least one of the drugs listed during the last month.

63% of pupils responded that they would talk to a parent/carers if they needed support about problems with alcohol or drugs; 44% said they would talk to their friends.

Emotional Health & Wellbeing

TRUST

91% of pupils responded that they have at least one adult they can trust, while 6% said they 'don't know' if they do.

SATISFACTION

14% of pupils responded in the lower half of the scale for feeling satisfied (0 – 4), with 2% giving the lowest response (0 – 'not at all satisfied').

78% of pupils responded in the higher half of the scale for feeling satisfied (6 – 10), with 13% giving the highest response (10 – 'completely satisfied').

SELF-ESTEEM

22% [25%] of pupils had a med-low self-esteem score (9 or less).

40% [37%] of pupils had a high self-esteem score (15 or more).

77% of pupils responded that they feel happy talking to other pupils at school.

WORRYING

82% of pupils responded that they worry about at least one of the issues listed 'quite a lot' or 'a lot'.

PEER PRESSURE

66% [65%] of pupils responded that they can 'usually or always' say no when a friend wants them to do something they don't want to do.

9% [9%] of pupils responded that they can 'rarely' or 'never' say no when a friend wants them to do something they don't want to do.

Sexual Health

SEXUAL RELATIONSHIPS

85% of Year 10+ pupils responded that they are heterosexual.

2% of Year 10+ pupils responded that they are gay or lesbian.

22% of Year 10+ pupils responded that they have had sex.

17% of Year 10+ pupils responded that they first had sex aged 15 or younger.

Of the 253 pupils who have had sex, 98% said they were 15 years old or younger when they first did so.

SEXUALLY TRANSMITTED INFECTIONS

50% of pupils responded that they know how to prevent HIV/AIDS; 36% said the same about chlamydia.

CONTRACEPTION

43% [45%] of pupils responded that they know where they can get condoms free of charge.

43% of pupils responded that they go to their parents or carers for information about sexual health and contraception, while 37% said they go to the school nurse.

SCHOOL NURSE

55% of pupils responded that they know how to contact the school nurse, while 23% said they are 'not sure' if they do.

26% of pupils responded that they think they would go to the school nurse if they wanted support, information or advice, while 42% said they 'don't know' if they would.

15% of pupils responded that they would contact the school nurse if they wanted support, information or advice about emotional or mental health issues; 13% said they would about physical health issues.

15% of pupils responded that, if they wanted to talk to the school nurse, they would prefer to do so during school time, while 8% said they would prefer to do so after school.

22% of pupils responded that, if they wanted to talk to the school nurse, they would prefer to do so in person, while 4% said they would prefer to do so by email.

Staying Safe

ACCIDENTS

29% of pupils responded that they have had a serious injury in the last 12 months.

CYCLING

4% of pupils responded that they can't cycle.

25% of pupils responded that they are either not allowed to cycle on the road, or 'never' cycle on the road, while 33% said they 'rarely' do.

13% of pupils responded that they cycle on the road 'at least once a week' or 'every day'.

32% of pupils responded that they 'never' wear a safety helmet when they cycle, while 23% said they do so 'sometimes'.

44% of pupils responded that they wear a safety helmet 'most of the time' or 'every time' they cycle.

88% of pupils responded that they own their own bike.

DENTAL CARE

1% [2%] of pupils responded that they did not clean their teeth at all on the day before the survey.

85% [80%] of pupils responded that they cleaned their teeth at least twice on the day before the survey.

89% of pupils responded that they have visited the dentist in the past 6 months; 59% of these said they have been in the past 3 months.

4% of pupils responded that they last visited the dentist more than a year ago, while 0% said they have never been to the dentist.

SLEEPING PATTERNS

20% of pupils responded that they didn't find it hard to concentrate at school due to tiredness in the week before the survey.

30% of pupils responded that they found it hard to concentrate at school due to feeling tired or sleepy on at least 3 days in the week before the survey.

SUN CARE

21% [14%] of pupils responded that they 'never' do anything to avoid sunburn when it is sunny.

39% of pupils responded that they do something to avoid sunburn 'most of the time' or 'every time' when it is sunny.

LOCAL AREA

44% of pupils responded that they feel 'not safe at all' or 'not very safe' when out at night.

INTERNET SAFETY

98% of pupils responded that they usually go on the internet at least 'about once a week'.

86% of pupils responded that they usually go on the internet at least 'every day'; 43% said they do so 'regularly throughout the day'.

62% of pupils responded that they access the internet on a computer or laptop at home.

32% of pupils responded that they access the internet on a computer or laptop at school.

50% of pupils responded that they access the internet on a personal tablet.

77% of pupils responded that they access the internet on a mobile phone or smartphone.

77% of pupils responded that they use the internet for entertainment; 71% said they use it for chatting and 65% said they use it for school work.

62% of boys and 38% of girls responded that they have seen images online that were intended for over-18s.

38% of pupils responded that they have seen images online that upset them.

46% of boys and 6% of girls responded that they have looked online for pornographic images, films or games.

53% of boys and 12% of girls responded that they have looked online for very violent images, films or games.

9% of pupils responded that they 'never' use internet chat rooms, online gaming or social networking sites, while 2% said they do so 'only a few times a year'.

85% of pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'about once a week'.

63% of pupils responded that they use internet chat rooms, online gaming or social networking sites at least 'every day'; 28% said they do so 'regularly throughout the day'.

96% of pupils responded that they know how to stay safe online.

74% of pupils responded that they got e-safety information from school, while 48% said they got it from a parent or carer.

21% of pupils responded that they have received a message online or by text which scared them or made them upset.

22% of pupils responded that they have received one of the things in Q69a and deleted it.

14% of pupils responded that they have texted or sent images of themselves that they later regretted.

GAMBLING

3% of pupils responded that they gamble for money online.

8% of pupils responded that they gamble for money offline (e.g. national lottery scratch cards and slot machines).

Enjoying & Achieving

SCHOOL LESSONS

80% of pupils responded that their school covers internet safety 'fairly' or 'very' well; 49% said the same of citizenship.

23% of pupils responded that their school covers managing money 'not at all well'; 15% said the same of gender identity.

21% of pupils responded that they enjoy 'none' or 'hardly any' of their lessons at school.

32% [40%] of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

GCSEs – YEARS 8, 9, 10 & 11

1% of pupils responded that they don't expect to take any GCSEs.

16% of pupils responded that they expect to take one to four GCSEs.

55% of pupils responded that they expect to take five or more GCSEs.

67% of pupils responded that they expect to get mostly good GCSE grades (A-C), while 6% said they don't expect to get good grades.

55% [50%] of Year 7-11 pupils responded that they want to continue in full-time education at the end of Year 11.

23% [37%] of Year 7-11 pupils responded that they want to find a job as soon as possible at the end of Year 11.

25% [49%] of Year 7-11 pupils responded that they want to get training for a skilled job at the end of Year 11.

7% [22%] of Year 7-11 pupils responded that they want to stay in the neighbourhood where they live at the end of Year 11.

VIEWS AND OPINIONS

40% of pupils responded that they feel their achievements are recognised at school, while 26% feel they are not recognised.

58% of pupils responded that they feel their achievements are recognised outside school, while 13% feel they are not recognised.

27% of pupils responded that they feel their views and opinions make a difference to decisions at school, while 34% feel they do not make a difference.

48% of pupils responded that they feel their views and opinions make a difference to decisions outside school, while 16% feel they do not make a difference.

BULLYING

25% [26%] of pupils responded that they have felt afraid of going to school because of bullying.

6% of pupils responded that they have bullied someone at school in the last 12 months.

3% of pupils responded that they have bullied someone near school in the last 12 months.

2% of pupils responded that they have bullied someone on school transport in the last 12 months.

21% [21%] of pupils responded that they have been bullied at school in the last 12 months.

7% of pupils responded that they have been bullied near school in the last 12 months.

5% of pupils responded that they have been bullied on school transport in the last 12 months.

31% of pupils responded that they think they are being picked on or bullied because of the way they look; 23% said they think they are because of their size or weight.

55% [56%] of pupils responded that they think their school takes bullying seriously, while 22% [17%] think it doesn't take bullying seriously and 23% [27%] said they 'don't know' if it does.

AFTER-SCHOOL ACTIVITIES

73% [85%] of pupils responded that they watched TV programmes or films after school on the day before the survey; 17% said they did so for over 2 hours.

80% [59%] of pupils responded that they went on the internet/social media after school on the day before the survey; 30% said they did so for over 2 hours.

65% [74%] of pupils responded that they did homework after school on the day before the survey; 9% said they did so for over 2 hours.

60% [47%] of pupils responded that they did sport or other physical activity after school on the day before the survey, while 34% [31%] said they read a book.